



KING COUNTY

1200 King County Courthouse
516 Third Avenue
Seattle, WA 98104

Signature Report

May 10, 2010

Motion 13217

Proposed No. 2010-0257.2

Sponsors Ferguson

1 A MOTION accepting the mental illness and drug
2 dependency annual report for 2009, transmitted March 31,
3 2010, in compliance with Ordinances 15949, 16261 and
4 16262.

5 WHEREAS, in 2005, the state Legislature authorized counties to implement a
6 one-tenth of one percent sales and use tax to support new or expanded chemical
7 dependency or mental health treatment programs and services and for the operation of
8 new or expanded therapeutic court programs and services, and

9 WHEREAS, in November 2007, the council approved Ordinance 15949
10 authorizing the levy collection of and legislative policies for the expenditure of revenues
11 from an additional sales and use tax of one-tenth of one percent for the delivery of mental
12 health and chemical dependency services and therapeutic courts, and

13 WHEREAS, the ordinance defined the following five policy goals for programs
14 supported through sales tax funds:

- 15 1. A reduction of the number of mentally ill and chemically dependent using
16 costly interventions like jail, emergency rooms and hospitals;
- 17 2. A reduction of the number of people who recycle through the jail, returning
18 repeatedly as a result of their mental illness or chemical dependency;

19 3. A reduction of the incidence and severity of chemical dependency and mental
20 and emotional disorders in youth and adults;

21 4. Diversion of mentally ill and chemically dependent youth and adults from
22 initial or further justice system involvement; and

23 5. Explicit linkage with, and furthering the work of, other council directed
24 efforts including, the adult and juvenile justice operational master plans, the Plan to End
25 Homelessness, the Veterans and Human Services Levy Services Improvement Plan and
26 the county Recovery Plan, and

27 WHEREAS, the ordinance established a policy framework for measuring the
28 public's investment, requiring the King County executive to submit oversight,
29 implementation and evaluation plans for the programs funded with tax revenue, and

30 WHEREAS, each of those plans was developed in collaboration with the mental
31 illness and drug dependency oversight committee and each was approved by the council
32 in 2008, and

33 WHEREAS, the mental illness and drug dependency plans established a
34 comprehensive framework to ensure that the strategies and programs funded through the
35 one-tenth of one percent sales tax are transparent, accountable, collaborative and
36 effective, and

37 WHEREAS, Ordinance 15949 set forth the required elements of the mental illness
38 and drug dependency annual report, and

39 WHEREAS, the mental illness and drug dependency annual report has been
40 reviewed and approved by the mental illness and drug dependency oversight committee;

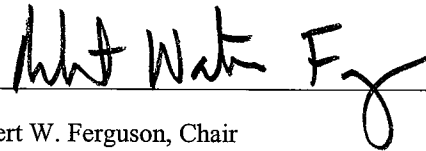
41 NOW, THEREFORE, BE IT MOVED by the Council of King County:

42 The Mental Illness and Drug Dependency First Year Implementation and
43 Evaluation Summary, October 1, 2008 - September 30, 2009, dated February 2010,
44 Attachment A to this motion, is hereby accepted.
45

Motion 13217 was introduced on 4/12/2010 and passed by the Metropolitan King
County Council on 5/10/2010, by the following vote:

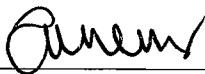
Yes: 9 - Ms. Drago, Mr. Phillips, Mr. von Reichbauer, Mr. Gossett,
Ms. Hague, Ms. Patterson, Ms. Lambert, Mr. Ferguson and Mr. Dunn
No: 0
Excused: 0

KING COUNTY COUNCIL
KING COUNTY, WASHINGTON



Robert W. Ferguson, Chair

ATTEST:



Anne Noris, Clerk of the Council

Attachments: A. Mental Illness and Drug Dependency First Year Implementation and Evaluation
Summary, October 1, 2008 – September 30, 2009, dated February 2010

Mental Illness and Drug Dependency



First Year Implementation and Evaluation Summary
October 1, 2008—September 30, 2009

Second Annual Report



King County

Mental Illness and Drug Dependency Oversight Committee

February 2010



King County Department of Community and Human Services

401 Fifth Avenue, Suite 500
Seattle, WA 98104

Phone: 206-263-9100
Fax: 206-296-5260

Jackie MacLean - Director

Mental Health, Chemical Abuse and Dependency Services Division

Amnon Shoenfeld - Division Director

Jean Robertson - Assistant Division Director
Regional Support Network Administrator

Jim Vollendroff - Assistant Division Director
Substance Abuse Prevention and Treatment Coordinator

Andrea LaFazia-Geraghty - MIDD Project Manager

Laurie Sylla - Systems Performance Evaluation Coordinator

Lisa Kimmerly - MIDD Evaluator

Bryan Baird - MIDD Administrative Support

Second Annual Report:

Credited photography of consumers and models
by Jaymie Kimmerly and Scott Aldrich

Report design by Lisa Kimmerly

**For further information on the current status of
MIDD activities, please see
the MIDD Web site at:**

www.kingcounty.gov/healthservices/MHSA/MIDDPlan

Alternate formats available
Call 206-263-8663
or TTY Relay 711

Introduction

The First Year Implementation and Evaluation Summary covers the time period from October 1, 2008 to September 30, 2009. This report provides the second annual Mental Illness and Drug Dependency (MIDD) report, as required by Ordinances 15949 and Ordinance 16262 to address the following:

- a) *A summary of quarterly report data*
- b) *Updated performance measure targets for the following year of the programs [See Page 24]*
- c) *Recommendations on program and/or process changes to the funded programs based on the measurement and evaluation data [Note: Complete data will not be available until after one year of full implementation, such information should be available in the 3rd annual report]*
- d) *Recommended revisions to the evaluation plan and processes [Note: Detailed revisions to evaluation matrices will be provided in the MIDD Year Two progress report]*
- e) *Recommended performance measures and performance measurement targets for each mental illness and drug dependency strategy, as well as any new strategies that are established. New or revised performance measures and performance measurement targets for the strategies shall be identified and included in the April 1, 2009 annual report and in each annual report thereafter [See Pages 8 and 9].*

Background

After hearing from hundreds of speakers over the course of more than a year, the Metropolitan King County Council voted on November 13, 2007 to enact a one-tenth of one percent sales tax to fund the strategies and programs outlined in King County's MIDD Action Plan. The MIDD-funded programs are designed to stabilize people suffering from mental illness and chemical dependency by diverting them from jails, hospitals and emergency rooms and into treatment and therapeutic courts.

An extensive exploration of the possibility of utilizing the sales tax option in King County began with the passage of **Council Motion 12320**, which yielded a three-part MIDD Action Plan completed in June 2007. The King County Council accepted the action plan via **Motion 12598** in October 2007, and authorized the sales tax levy collection via **Ordinance 15949**, approved on November 13, 2007.

Ordinance 15949 called for the development of three separate plans – an Oversight Plan, Implementation Plan and Evaluation Plan – all of which were completed prior to MIDD funds being released. On April 28, 2008, the King County Council passed **Ordinance 16077** approving an Oversight Plan and establishing the **MIDD Oversight Committee**. The Oversight Committee was convened in June 2008.

The MIDD Implementation and Evaluation Plans were approved by the King County Council via **Ordinance 16261 and 16262** on October 6, 2008 and implementation of strategies began on October 16, 2008. The work to develop those plans and implement strategies was conducted by the MIDD Oversight Committee, staff from the Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD) and the Office of Management and Budget (OMB).

King County is moving forward to implement the MIDD strategies designed to prevent and reduce mental illness and chemical dependency through improved access to mental health, chemical dependency and therapeutic court services. This second annual report covers the first year of MIDD programming from October 2008 through September 2009 and provides updates on all strategies in their various stages of implementation and evaluation.

Overarching Policy Goals for MIDD Programs*

1. A reduction in the number of mentally ill and chemically dependent people using costly interventions, such as jail, emergency rooms, and hospitals.
2. A reduction in the number of people who recycle through the jail, returning repeatedly as a result of their mental illness or chemical dependency.
3. A reduction of the incidence and severity of chemical dependency and mental and emotional disorders in youth and adults.
4. Diversion of mentally ill and chemically dependent youth and adults from initial or further justice system involvement.
5. Explicit linkage with, and furthering the work of, other Council directed efforts including, the Adult and Juvenile Justice Operational Master plans, the Plan to End Homelessness, the Veterans and Human Services Levy Service Improvement Plan and the King County Mental Health Recovery Plan.

* Policy goals from Ordinance 15949

Oversight Committee Membership Roster



Shirley Havenga, Chief Executive Officer (Co-chair)

Community Psychiatric Clinic
Representing: Provider of mental health and chemical dependency services in King County

Susan Rahr, Sheriff (Co-chair)

King County Sheriff's Office
Representing: Sheriff's Office

Jim Adams, National Alliance on Mental Illness (NAMI) member

Representing: NAMI in King County

Bill Block, Project Director, Committee to End Homelessness in King County

Representing: Committee to End Homelessness

Linda Brown, Board Member, King County Alcohol and Substance Abuse Administrative Board

Representing: King County Alcohol and Substance Abuse Administrative Board

Merril Cousin, Executive Director, King County Coalition Against Domestic Violence

Representing: Domestic violence prevention services

John Chelminiak, Councilmember, City of Bellevue

Representing: City of Bellevue

Nancy Dow-Witherbee, Member, King County Mental Health Advisory Board

Representing: Mental Health Advisory Board

Bob Ferguson, Councilmember

Metropolitan King County Council
Representing: King County Council

David Fleming, Director and Health Officer

Public Health—Seattle & King County
Representing: Public Health

Jaime Garcia, Executive Director, Health Work Force

Institute, Washington State Hospital Association
Representing: Washington State Hospital Association/King County Hospitals

Helen Halpert, Assistant Presiding Judge, King County Superior Court

Representing: Superior Court

Zandrea Hardison, Program for Assertive Community Treatment Team Nurse, Downtown Emergency Service Center

Representing: Labor, representing a *bona fide* labor organization

Mike Heinisch, Executive Director, Kent Youth and Family Services

Representing: Provider of youth mental health and chemical dependency services in King County

David Hocraffer, Director, King County Office of the Public Defender

Representing: Public Defense

Darcy Jaffe, Assistant Administrator

Representing: Harborview Medical Center

Norman Johnson, Executive Director, Therapeutic Health Services

Representing: Provider of culturally specific chemical dependency services in King County

Bruce Knutson, Director, Juvenile Court, King County Superior Court

Representing: King County Systems Integration Initiative

Barbara Linde, Presiding Judge, King County District Court

Representing: District Court

VACANT, Executive Manager, Human Services

Representing: City of Seattle, Office of the Mayor

Jackie MacLean, Director, King County Department of Community and Human Services (DCHS)

Representing: King County DCHS

Donald Madsen, Director, Associated Counsel for the Accused

Representing: Public defense agency in King County

Barbara Miner, Director, King County Department of Judicial Administration

Representing: Judicial Administration

Mario Paredes, Executive Director, Consejo Counseling and Referral Service

Representing: Provider of culturally specific mental health services in King County

Dan Satterberg, King County Prosecuting Attorney

Representing: Prosecuting Attorney's Office

Mary Ellen Stone, Director, King County Sexual Assault Resource Center

Representing: Provider of sexual assault victim services in King County

Crystal Tetrick, Associate Director for Health Care Operations, Seattle Indian Health Board

Representing: Council of Community Clinics

Dwight Thompson, Deputy Mayor

City of Lake Forest Park

Representing: Suburban Cities Association

VACANT, Director, King County Department of Adult and Juvenile Detention

Representing: Adult and Juvenile Detention

Rhonda Berry, Assistant County Executive

Representing: County Executive

Oversight Committee Staff:

Andrea LaFazia, Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD)

Krista Camenzind, Office of Management and Budget

Bryan Baird, MHCADSD

Membership as of February 25, 2010

Dear Friend:

We are delighted to report on a year of great progress for the Mental Illness and Drug Dependency (MIDD) Plan.

During 2009, the MIDD provided assistance for approximately 19,000 men, women and children in King County. The MIDD funds were used to help thousands of individuals receive the mental health and substance abuse treatment, housing, and therapeutic court services they needed.


Many of the MIDD strategies are designed to enhance the existing mental health and substance abuse service delivery systems and services. One example of enhancing existing services involves Strategy 1a, intended to **improve access to treatment services** for low-income individuals who are not covered by Medicaid. As soon as MIDD funding was approved in October 2008, 16 outpatient mental health providers, two opiate substitution therapy providers and 29 outpatient chemical dependency providers began offering mental health and substance abuse treatment services to non-Medicaid clients. The influx of funding into the mental health and substance abuse service delivery systems meant that people on waiting lists could access needed treatment services immediately.

MIDD Housing and Supportive Services: Capital funds from the MIDD (Strategy 16a) completed the funding needed to build seven affordable housing projects totaling 335 permanent supportive housing units for high need homeless persons. The MIDD housing-based supportive services (Strategy 3a) supports the service needs for 110 permanent supportive housing units.

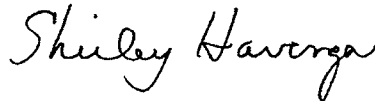
The MIDD funded programs are making a difference in the lives of people throughout King County. This report shows that 41 percent of the people served by MIDD programs live in Seattle, 24 percent are from east and north King County and 28 percent live in south King County. We are proud to be able to provide this level of support to people in need, and we are proud that under our guidance, sales tax funds have been managed prudently and strategically, leveraging additional funds to serve as many people as possible. We look forward to continuing our oversight role, seeing programs firsthand, and reviewing evaluation reports to ensure MIDD-funded activities achieve their intended results.

Because the MIDD fund is sales tax driven, it is particularly sensitive to economic cycles. The recession put considerable downward pressure on consumer spending, and forecasts for sales tax collections are projected to be dramatically reduced in the coming years. In addition, interest earnings have decreased as short-term interest rates remain low. With reduced MIDD revenues and state legislation allowing King County to use MIDD funds to replace lost county funds that formerly supported mental health, substance abuse, and therapeutic court services, the MIDD fund will face a number of financial challenges. This made it necessary to reduce and delay some of our strategies until the economy fully recovers. In spite of these challenges, we are very proud of the progress and meaningful service improvements we have achieved.

We hope you enjoy reading our 2009 Annual Report and learning about the services the sales tax revenue provides to improve and stabilize the lives of people with mental illness and chemical dependency in our communities. Thank you for your support of, and investment in, the MIDD.



Sue Rahr
King County Sheriff
Co-Chair



Shirley Havenga
Chief Executive Officer, Community Psychiatric Clinic
Co-Chair

Acknowledgments

Thank you to the citizens of King County, the MIDD Oversight Committee and co-chairs, the many dedicated providers of MIDD services, and to all those who shared their experiences and photos. Additionally, thank you to the implementation and evaluation teams of King County's Department of Community and Human Services (Mental Health, Chemical Abuse and Dependency Services Division) for their hard work throughout the year.

