## STAFF REPORT

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| **Agenda Item:** | 5 through 17 | **Name:** | Scarlett Aldebot-Green |
| **Proposed No**.: | 2016-0140 through 2016-0144 and 2016-0147 through 2016-0154 | **Date:** | March 15, 2016 |

**SUBJECT:**

Thirteen proposed motions confirming the appointments of thirteen individuals to the King County Behavioral Health Advisory Board, created by Ordinance 18170.

**SUMMARY:**

The executive has forwarded for council consideration and approval the following appointments to the King County Behavioral Health Advisory Board:

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| **Name** | **Proposed Motion** | **District of Residence** | **Terms** |
| Kathryn Obermeyer | 2016-0154 | D2 | 1-yr |
| Alicia Glenwell | 2016-0153 | D9 | 1-yr |
| Amber Arndt | 2016-0152 | D4 | 1-yr |
| Lauren Dickinson | 2016-0151 | D4 | 1-yr |
| Melody Starkey | 2016-0141 | D8 | 1-yr |
| Reza Hosseini Ghomi | 2016-0150 | D2 | 2-yr |
| Krystal Livingston | 2016-0149 | D7 | 2-yr |
| Nancy Dow | 2016-0148 | D2 | 2-yr |
| Lauren Davis | 2016-0147 | D1 | 2-yr |
| Katelyn Morgaine | 2016-0144 | D1 | 3-yr |
| Pat Godfrey | 2016-0143 | D7 | 3-yr |
| Kristin Houser | 2016-0142 | D2 | 3-yr |
| Sgt. Daniel Nelson | 2016-0140 | D9 | 3-yr |

**BACKGROUND**

Ordinance 18170 establishes the membership requirement of the Behavioral Health Advisory Board, which include the following requirements:

1. The board shall be composed of no less than 9 and no more than 15 members.
2. The composition of the board should be broadly representative of the community and geographical and demographic mix of the populations served.
3. At least fifty-one percent of the board membership shall be persons having lived experience or parents or legal guardians of persons having lived experience with behavioral health disorders or persons self-identified as being in recovery from a behavioral health disorder and, included among these persons, at least one quarter of the board members shall be recovered persons with substance abuse disorders.
4. Law enforcement shall be represented on the board.
5. No more than four elected officials may serve as board members at any time.
6. One quarter of the initial board members shall serve a partial term of one year, one quarter of the initial board members shall serve a partial term of two years and the remainder of the initial board members shall serve a full term of three years.

**Term Limits.** A full term shall be three years and board members may potentially serve up to two, full three-year terms in addition to any partial term.

Proposed Motions 2016-0140 through 2016-0144 and 2016-0147 through 2016-0154 would confirm appointments of the following thirteen individuals to the King County Behavioral Health Advisory Board.

One-Year Terms

**Proposed Motion 2016-0154.** This proposed motion would confirm the executive’s appointment of Kathryn Obermeyer, who resides in district two. According to executive staff, she is a retired registered nurse who has worked in nursing education, transplant, and biotechnology studies. She has also worked as a psychiatric nurse at a state hospital and in a private hospital setting. Executive staff note that Ms. Obermeyer was a volunteer jail counselor at the Cowlitz County jail. Since her retirement, executive staff indicate that Ms. Obermeyer has been active with Immanuel Community Services, including serving as board present from 2008 through 2012; this organization is noted as running a food bank, hygene center, community lunch and recovery program shelter. Executive staff note that Ms. Obermeyer indicates a strong interest in supporting homeless individuals while working toward ending homelessness and is passionate about improvement of the mental health system.

**Proposed Motion 2016-0153.** This proposed motion would confirm the executive’s appointment of Alicia Glenwell, who resides in district nine. Executive staff note that Alicia Glenwell has been a volunteer, advocate, activist, trainer, planner and manager in the domestic violence movement since 2003. They further indicate that as the Chemical Dependency, Domestic Violence, Mental Health and Sexual Assault Systems Coordinator for the Coalition Ending Gender-Based Violence (formerly the King County Coalition Against Domestic Violence), Alicia builds communication and collaboration within and between systems that affect survivors of domestic violence.

**Proposed Motion 2016-0152.** This proposed motion would confirm the executive’s appointment of Amber Arndt, who resides in district four. In her application, Amber Arndt notes that she is a certified tobacco cessation specialist, an experience that she expects will be of particular advantage serving on this board. She also notes her great interest in becoming more involved in matters related to public health.

**Proposed Motion 2016-0151.** This proposed motion would confirm the executive’s appointment of Lauren Dickinson, who resides in district four. Executive staff note that Lauren Dickinson, MSW, LICSW, is a Social Work Coordinator at Swedish Medical Center. In that role, Lauren provides oversight and support to Nurse case Managers, Social Workers and Case Management Associates providing discharge planning, chemical dependency and mental health services. Executive staff also note that Ms. Dickinson has worked in a variety of behavioral health and medical settings, including emergency departments, acute medical facilities, a youth residential treatment facility, an in-home counseling program, and an inpatient phsychiatric hospital.

**Proposed Motion 2016-0141.** This proposed motion would confirm the executive’s appointment of Melody Starkey, who resides in council district eight. Melody Starkey notes that she is a Grant Manager & Counselor/Case Manager at the Squaxin Island Tribe – Northwest Indian Treatment Center. She notes that she is a registered chemical dependency professional and has a variety of different experiences in the field of substance abuse services and some experience with mental health services. She further notes that she has experience working with diverse populations and currently works in a Native Preference program.

Two-Year Terms

**Proposed Motion 2016-0150.** This proposed motion would confirm the executive’s appointment of Reza Hosseini Ghomi, who resides in district two. In his application, Reza Hosseini Ghomi notes that, while his experiences have been diverse, they have shared a common goal of seeking how to most effectively serve those most in need in ways that have the most meaningful impact on quality of life, not only on an individual level, but affecting change on a larger, social level throughout the community we live in. He notes that those values led him to medicine from engineering and not to psychiatry and behavioral health, having learned that although physical wellbeing is important, it is not necessarily required in order to achieve self-realization. He hopes to bring his strengths in leadership, technology and education to the field of mental and behavioral health in order to provide solutions for the most difficult problem that he can conceive: how to empower disadvantaged people to realize their inherent potential. Reza Hosseini Ghomi holds a Washington State Physician and Surgeon Medical License.

**Proposed Motion 2016-0149.** This proposed motion would confirm the executive’s appointment of Krystal Livingston, who resides in district seven. Krystal Livingston is a Certified Peer Specialist/Parent Partner at Valley Cities Behavioral Health. She notes in her application that in addition to her professional experience, she is qualified for this appointment due to personal experiences related to the work of this board.

**Proposed Motion 2016-0148.** This proposed motion would confirm the executive’s appointment of Nancy Dow, who resides in district two. Nancy Dow is a Peer Support Specialist for the Peer Bridge Program at Harborview Medical Center. She notes in her application her prior service on the KC Mental Health Advisory Board (2005 – present), MIDD Oversight Committee (2010 – present), and KC Trauma Informed Care Pilot Program SAMHSA Grant Leadership Committee (2008 – present). In her application, she further notes additional qualifying experience, which includes 15 years’ experience working as a Peer Specialist, 3 years’ experience in the Peer Bridge program at Harborview Mental Health Services working directly with individuals living with mental illness, and personal experience related to the work of this board.

**Proposed Motion 2016-0147.** This proposed motion would confirm the executive’s appointment of Lauren Davis, who resides in district one. Lauren Davis is the Director of School and Campus Programs & Senior Policy Analyst at the University of Washington. Among her experience, she notes her membership on both, the Alcoholism & Substance Abuse Administrative Board and the Mental Health Advisory Board. Executive staff indicate that Lauren Davis is the Project Director of Forefront: Innovations in Suicide Prevention, a University of Washington-based nonprofit.

Three-Year Terms

**Proposed Motion 2016-0144.** This proposed motion would confirm the executive’s appointment of Katelyn Morgaine, who resides in council district one. Katelyn Morgaine is a Mental Health Case Manager at the Downtown Emergency Services Center and has worked at the agency since 2012. She notes her prior membership in the King County Mental Health Advisory Board and notes that she is a Washington State Agency Affilitated Counselor, a Washington State Cerfitied Peer Counselor and a member of the Washington State Bar Association.

**Proposed Motion 2016-0143.** This proposed motion would confirm the executive’s appointment of Pat Godfrey, who resides in council district seven. Pat Godfrey is a retired Senior Staff Coordinator for the Washington State Senate. He notes that he served as the Chariman for the King County Alcohol and Substance Abuse Administrative Board and served as a delegate to the King County Mental Health Advisory Board. He notes that he has been involved in the work related to the county’s Behavioral Health and Recovery Division’s transition to the King County region’s Behavioral Health Organization.

**Proposed Motion 2016-0142.** This proposed motion would confirm the executive’s appointment of Kristin Houser, who resides in council district two. Executive staff indicate that Kristin Houser is an attorney at the Seattle law firm Schroeter Goldmark & Bender, which represents individuals in personal injury, disability, and employment claims. Prior to working at the firm, staff note that Kristin Houser was an attorney at Evergreen Legal Services in Seattle, specializing in public benefits programs. Her more recent work has included representing Governor Christine Gregoire in the national litigation regarding the constitutionality of the Affordable Care Act, for which she won the Washington State Bar Association’s highest award, the Award of Merit. Additionally, executive staff indicate that she served on the board of Harborview Medical Center for twelve years and currently serves on the UW Medicine Behavioral Health Steering Committee, was a founder of the free Legal Clinic at El Centro de la Raza, which is operated in partnership with El Centro and the Latino/Latina Bar Association. She chaired the King County Mental Health Advisory Board from 2013-2015.

**Proposed Motion 2016-0140.** This proposed motion would confirm the executive’s appointment of Sgt. Daniel Nelson, who resides in council district nine. Sgt. Nelson is a permanent Acting Sergeant with the Seattle Police Dept. and was assigned as the department’s Crisis Intervention Team Coordinator. Sgt. Nelson served on the King County Mental Health Advisory Board. At the time of that application, he noted the need to look for opportunities to systematically improve the current mental health care system and his ability to provide a law enforcement/police point of view on issues related to mental health care management.

**ANALYSIS**

Information furnished by the executive confirms that the initial cohort of appointees to the King County Behavioral Health Advisory Board conform to the membership requirements established in Ordinance 18170 with the exception of the initial term lengths of two of the appointments. Subsequently, the executive has transmitted letters correcting the initial appointment terms at issue. Consequently, proposed motion 2016-0141 needs to be technically amended to match the corrected term length.

**AMENDMENTS**

As noted above, after transmittal of the initial appointment letters, the executive transmitted a correction to the appointment letter for Melody Starkey [attached] whose confirmation would be confirmed by proposed motion 2016-0141. The correction changes her initial term of appointment from a one-year term, beginning on April 1, 2016 and expiring on March 31, 2017, to a three-year term, beginning on April 1, 2016 and expiring on March 31, 2019.

Staff have prepared a technical amendment to proposed motion 2016-0141, making the term of the appointment in the motion consistent with the corrected appointment term.

**ATTACHMENTS**

1. Proposed Motions 2016-0140 through 2016-0144 and 2016-0147 through 2016-0154 (attachments available upon request)
2. Transmittal Letter
3. Executive letter correcting initial appointment term for Melody Starkey (proposed motion 2016-0141)
4. Amendment 1 to proposed motion 2016-0141

**INVITED**

1. Susan McClaughlin, Health and Human Services Integration Manager, DCHS