# **Public Health and Best Starts for Kids**

**Infant Mortality Prevention** 

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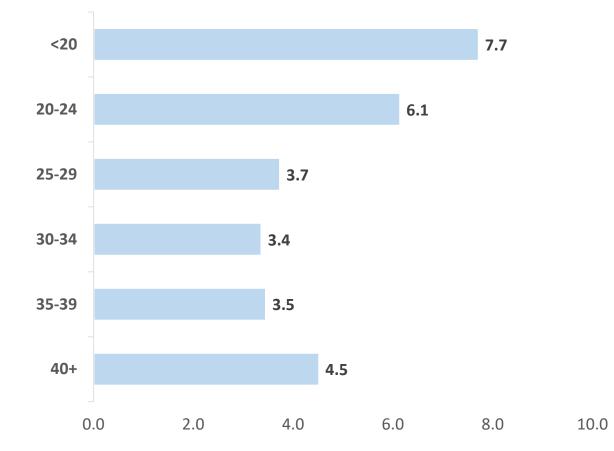


Possibility was born the day you were born...

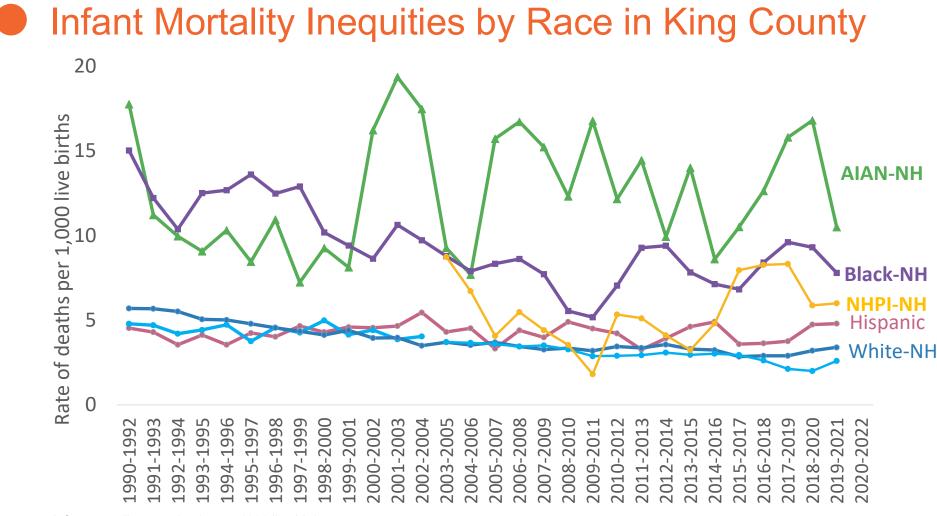
# King County by the Numbers

- Approximately 25,000 babies are born every year to King County residents
- Every year, approximately 100 King County babies die before their first birthday

## Higher Rate of Infant Mortality among Mothers under 25 Year of Age in King County

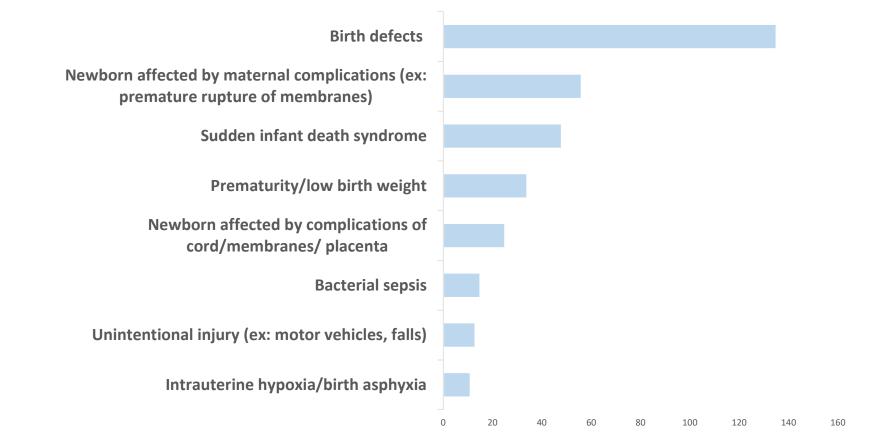


Infant mortality rate: deaths per 1000 live births; data are from 2016-2020; 5-year combined.



Infant mortality rate: deaths per 1000 live births

## Leading Causes of Infant Mortality in King County



Data are from 2016-2020; 5-year combined; causes with <10 events not shown.



https://unnaturalcauses.org/

## UNNATURAL CAUSES ...is inequality making us sick?



#### "

The chronic stress of racism can become embedded in the body, taking a heavy toll... before they leave the womb.

https://unnaturalcauses.org/

# • King County's Role Reducing Infant Mortality

## **Principles**



# **Best Starts for Kids Investments** + Project 0 Babies **P-5 INVESTMENTS** Parents

- · Child Care Subsidy and Workforce Pilot
- Public Health Services for New Parents and
- Home-Based Services
- Universal Developmental Screening
- Early Support for Infants and Toddlers (ESIT)
- · Community-Based and Peer Support for
- Child Care Health Consultation
- · Workforce Development
- Infant Mental Health
- Help Me Grow

# Child Death Review Recommendations (May 2022 SIDS/SUID Review)

• The Child Mortality Prevention Program (held by Public Health) reviews Sudden Infant Death Syndrome/Sudden Unexpected Infant Death (SIDS/SUID) cases.

Partners include:

- WA State DCYF Seattle Children's Hospital NW Infant Survival SIDS Alliance
- Multiple healthcare and hospital partners (including area NICUs Swedish, UW)
- We are proactively identifying and implementing policy and program improvements that can be made to better partner with families.

#### **Recommendations:**

- Expand infant safety protocol assessments
- Increase family engagement related to safe sleep messaging
- Promote anti-bias and anti-racist training opportunities within organizations
- Address needs around housing instability, multiple stressors for families (financial, baby fussiness, and more)

## PHSKC: Community Health Services (CHS) Division

## **CHS Parent-Child Health Programs**

Parent-Child Health Programs (PCH): Access to screening, health education, breastfeeding support, nutritious foods, and referrals.

**Kids Plus**: Case management program for families experiencing homelessness with a specific focus on medical and behavioral health challenges.

Infant Mortality Prevention Network (IMPN): Community-defined direct client services focused on populations with the highest risk of infant mortality. Community-based organizations funded to provide services.

**Nurse Family Partnership**: A home visiting program implemented by speciallytrained nurses who work with pregnant, first-time parents starting in early pregnancy through the child's second birthday.

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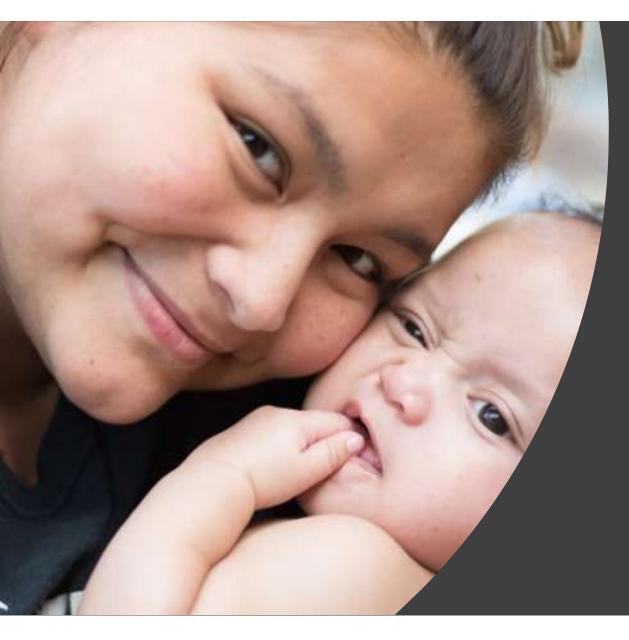
## **CHS Parent-Child Health Programs**

**Family Ways**: A new culturally relevant, culturally versatile, high support Maternal/Parent-child health program currently serving the following focus populations:

- African American
- American Indian/Alaska Native
- Native Hawaiian/Pacific Islander



- Work to make state and federal MEDICAID funding more flexible
- Keeping focus on our babies <u>and</u> our children as they grow into youth and young adults



# **Questions?**