

Health of Immigrants & Refugees in King County

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King County Board of Health
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Intro



My name is Francoise Milinganyo, and I represent the Congolese Integration Network (CIN)—an organization deeply rooted in serving immigrant and refugee communities, particularly those from Sub-Saharan Africa. Today, I'll be discussing the current health landscape for immigrants and refugees in our region, the challenges they face due to systemic barriers, and how recent federal funding cuts and socio-political dynamics are compounding these health disparities.

We'll also share community-informed solutions, drawing from recent listening sessions and our direct service experiences, that can help shape a more equitable and responsive healthcare system for all.

Washington and King county immigrant population

Washington population (in thousands) by immigration status: 2010-21

											2020		2010-2021 change (%)
Immigration status	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	(%)
State total population	6,744	6,830	6,897	6,971	7,062	7,170	7,288	7,406	7,536	7,615	7,739	7,739	14.7%
U.S.-born citizen	5,850	5,912	5,985	6,027	6,132	6,191	6,269	6,339	6,426	6,483	6,589	6,589	12.6%
Immigrant	894	918	912	944	930	979	1,019	1,067	1,110	1,132	1,149	1,149	28.5%
Naturalized citizen	411	414	428	439	429	464	483	515	542	532	563	563	37.0%
Legal immigrant	236	237	227	232	240	262	287	288	279	293	283	283	20.0%
Undocumented immigrant	247	268	257	274	261	254	249	264	289	307	304	304	22.6%

2024 Refugee Resettlement in **Washington**

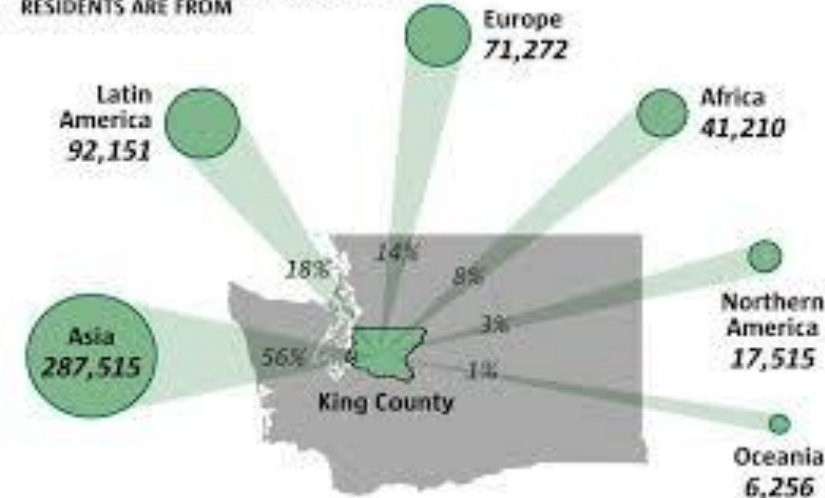
by country of origin



Data from Fiscal Year: 2024
(Oct 2023 - June 2024)



WHERE KING COUNTY FOREIGN-BORN RESIDENTS ARE FROM

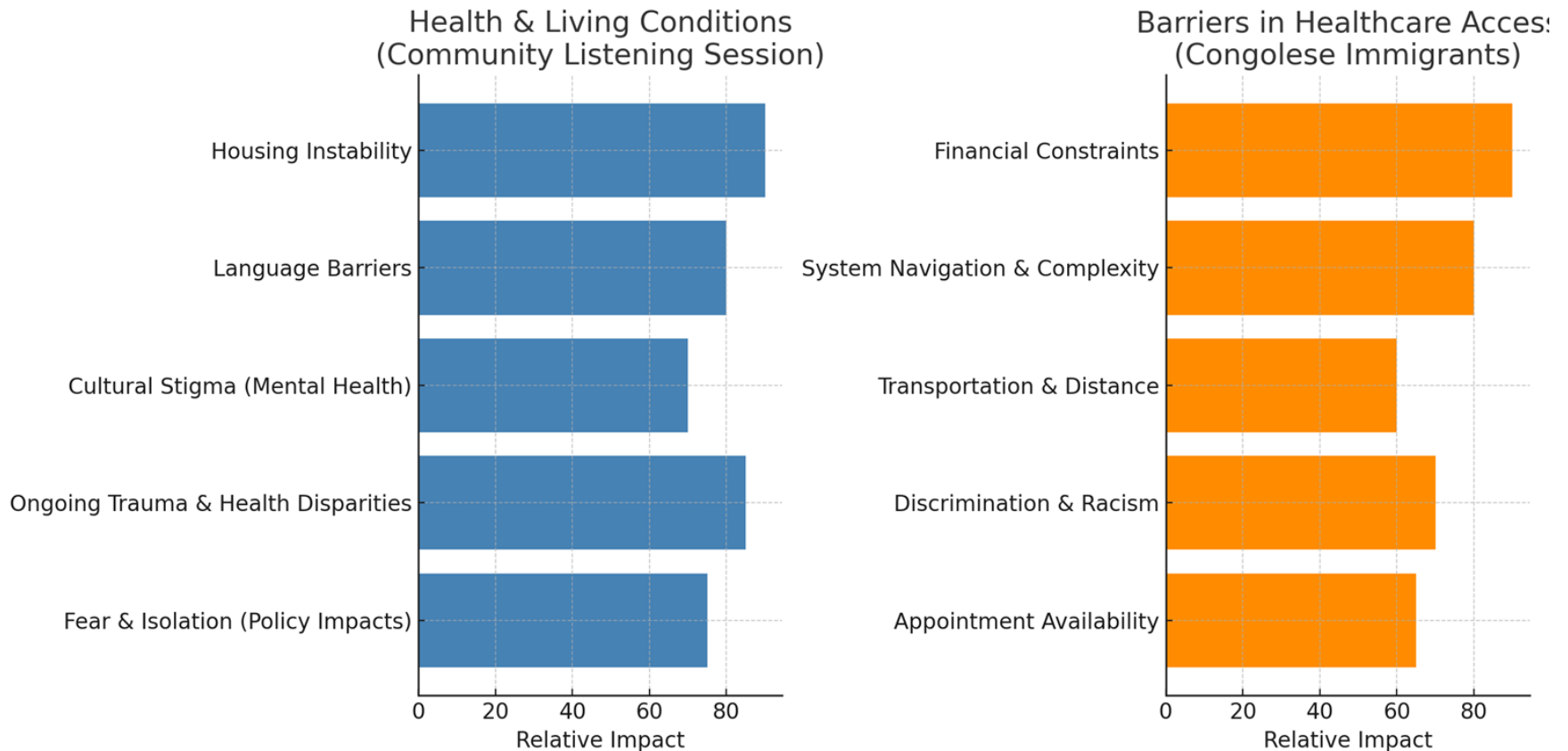


Source: U.S. Census

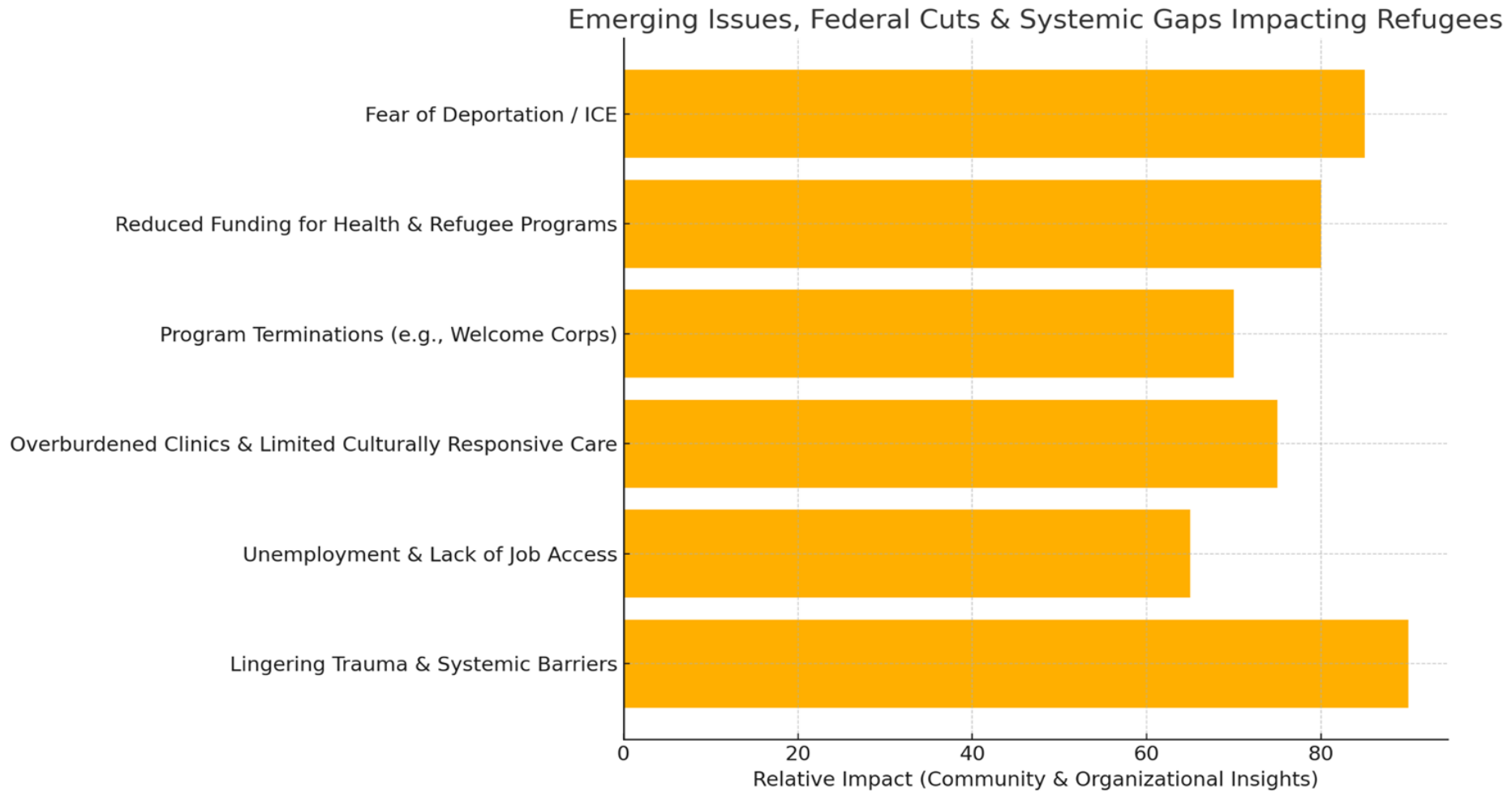
EMILY M. ENG / THE SEATTLE TIMES



Health & Healthcare Barriers for Refugees & Immigrants



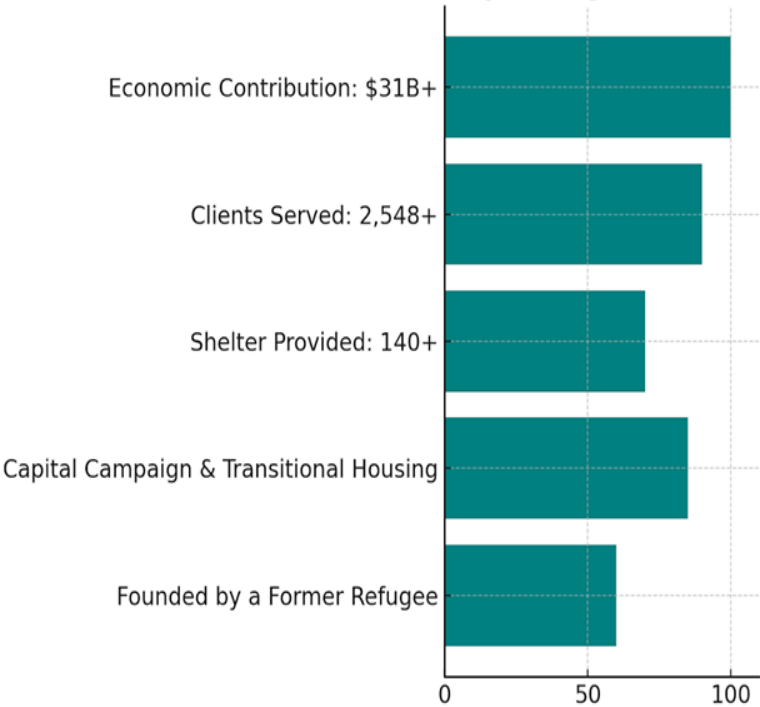
Emerging Issues & Federal Cuts and Systemic Gaps



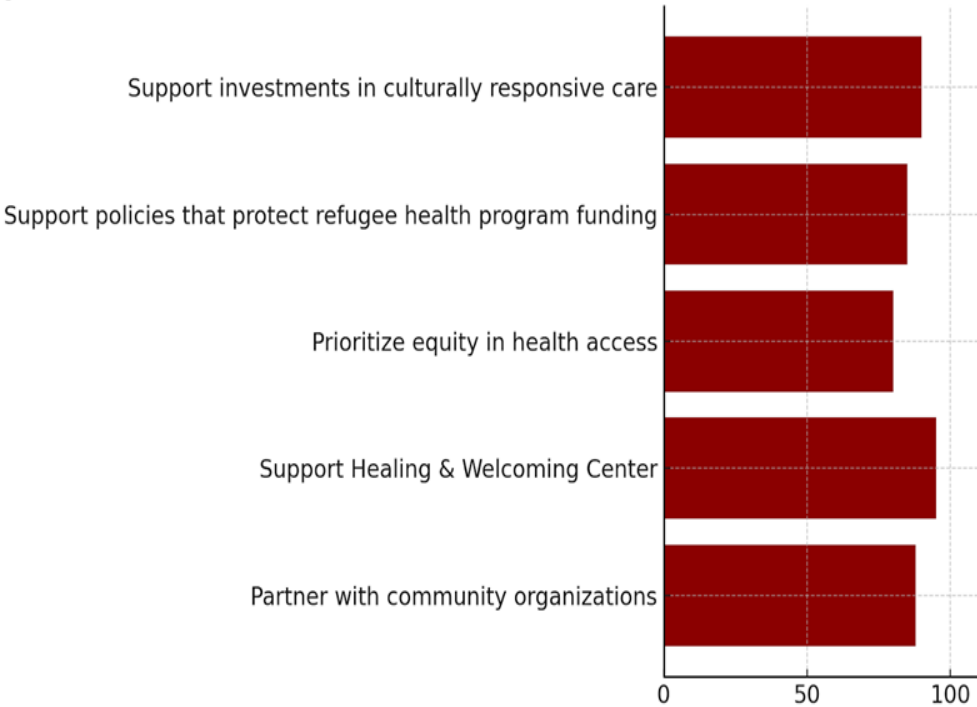
Community Strength & CIN Response | Call to Action

Community Strength & CIN Response | Call to Action

Community Strength & CIN Response



Call to Action for Board of Health Members



“Please ride alongside refugees and immigrants on this journey—help us reach our destination. We ask that you not leave us behind along the way.”

Thank you

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