



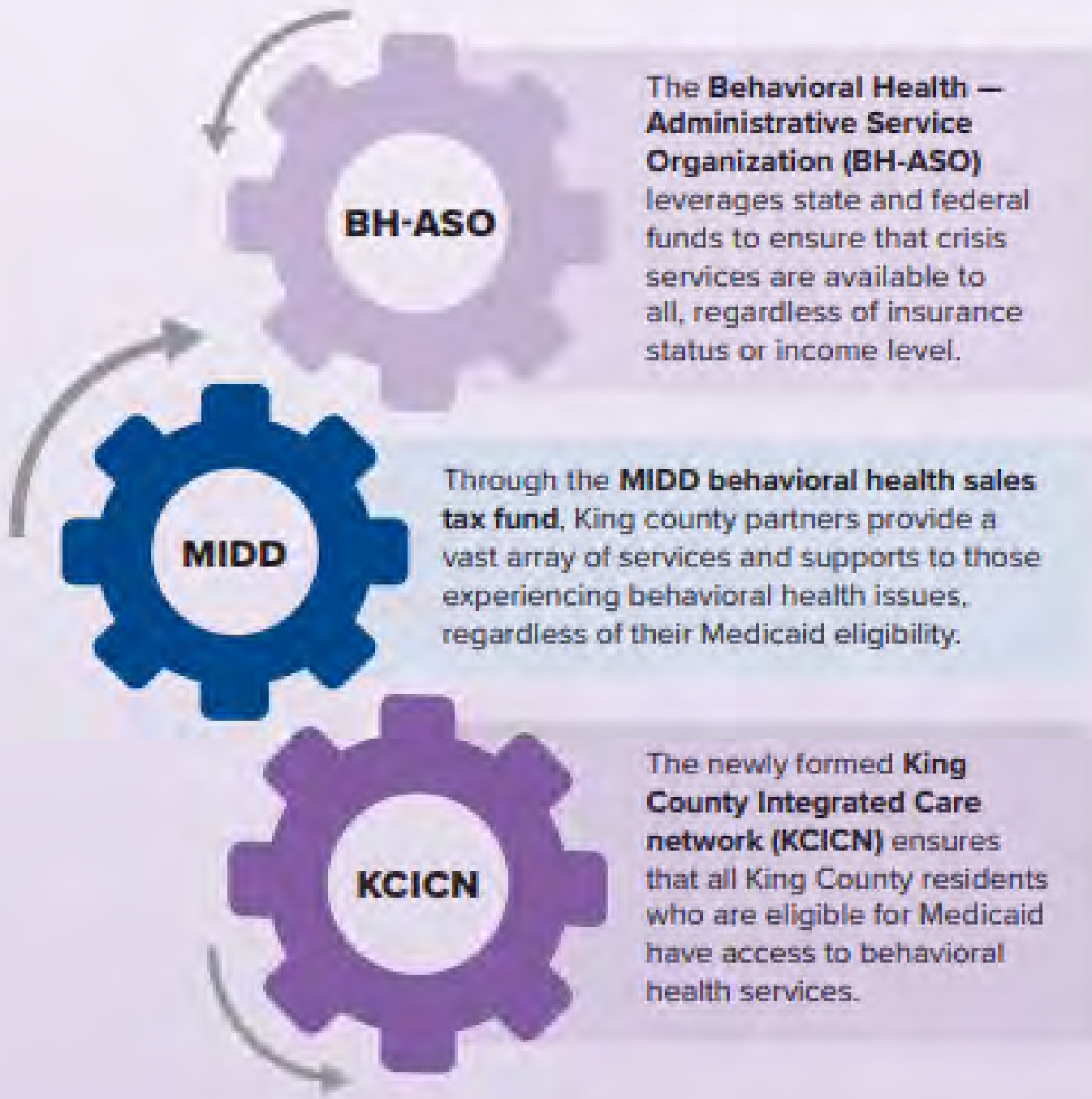
2019 MIDD
Annual Report
Regional Policy Committee
January 13, 2020





● RESULT

Healthy, Have
Satisfying
Relationships, and
Avoid Criminal
Justice
Involvement



MIDD's Role in King County's Behavioral Health System

● MI DD Policy Goals

- Divert from costly interventions such as jail, emergency departments, and hospitals
- Reduce the number, length, and frequency of BH crisis events.
- Improve health and wellness of individuals
- Increase culturally appropriate and trauma-informed BH services
- Explicit linkage with, and furthering the work of, King County and community initiatives



MIDD 2019

20,385

people served

\$71.1M

invested

49

initiatives continued or launched

100+

community and implementation partners

2019 DEMOGRAPHICS



GENDER IDENTITY

- Female: 43%
- Male: 55%
- Other: 1%
- Unknown: 1%



AGE

- 0-17: 16%
- 18-24: 8%
- 25-54: 54%
- 55+: 20%
- Unknown: 1%



RACE/ETHNICITY

- American Indian/Alaska Native: 3%
- Asian: 4%
- Black/African American: 15%
- Hispanic/Latino: 15%
- Native Hawaiian/Pacific Islander: 2%
- White: 47%
- Multiple races: 6%
- Other: 4%
- Unknown: 4%

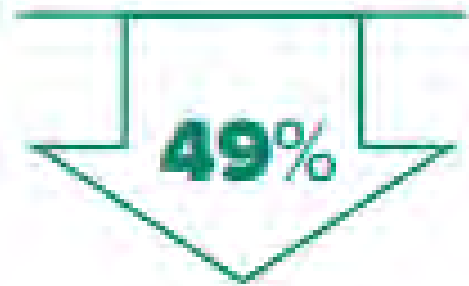
Race/ethnicity groups are mutually exclusive.

● HIGH LEVEL IMPACT

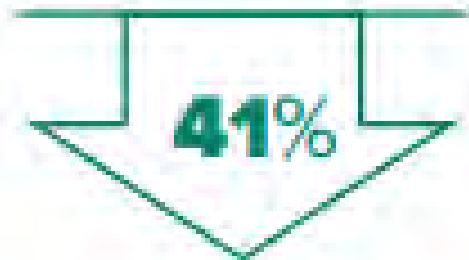
Psychiatric inpatient hospitalizations



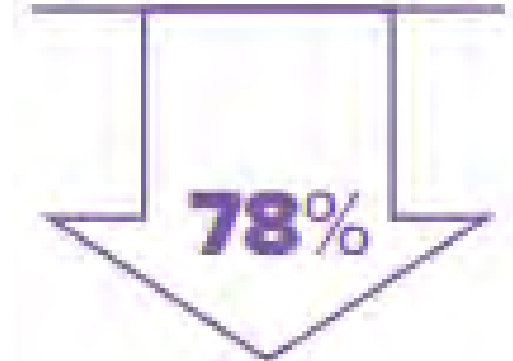
Adult jail bookings



Emergency department admissions



Crisis event frequency

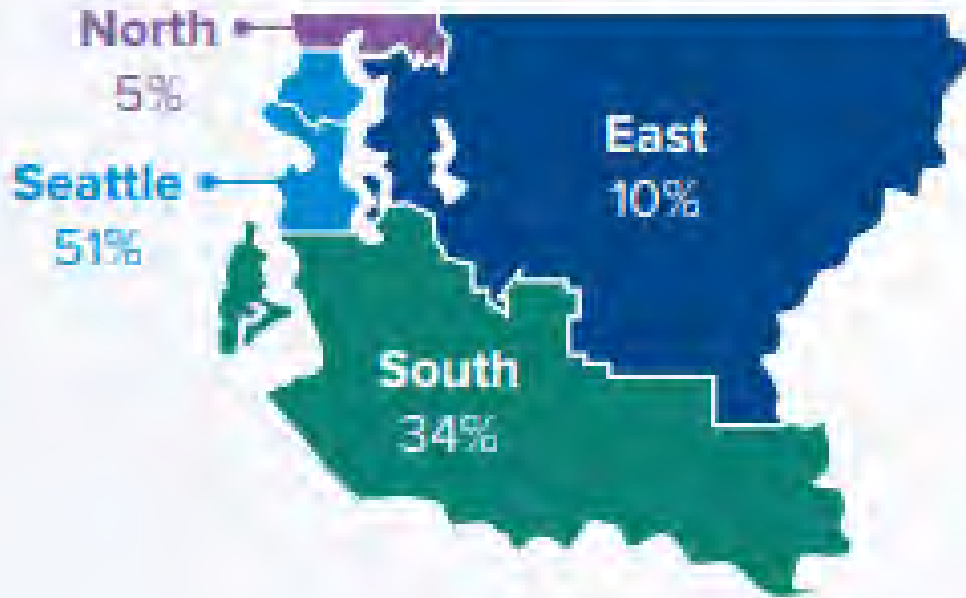


Crisis event duration

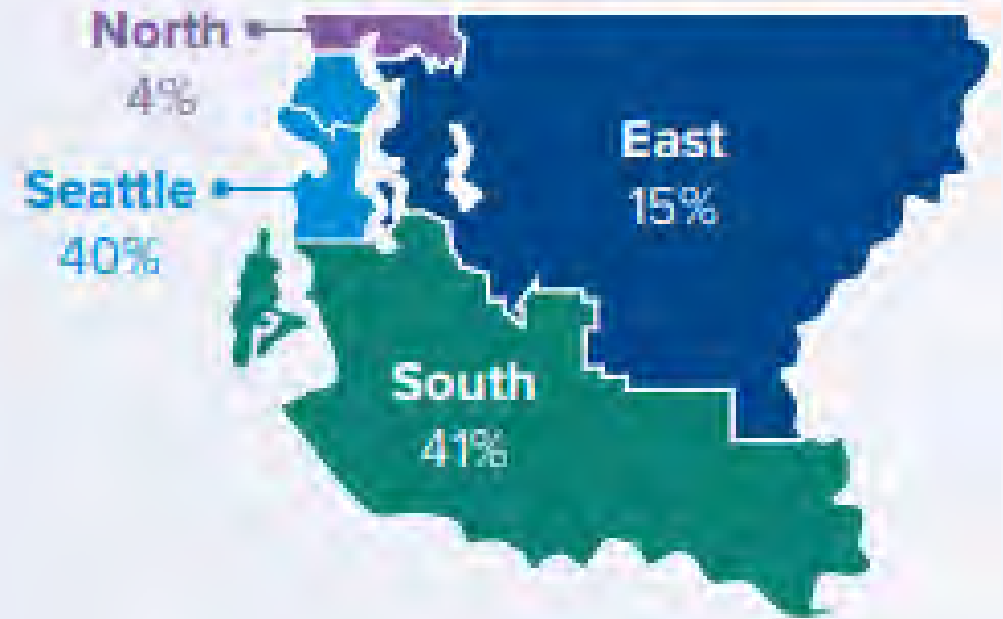


- Geographic Distribution

MIDD SERVICE PARTICIPANTS



HOUSEHOLD INCOME <100% FPL



STRATEGY AREAS



Prevention and Early Intervention (PRI)

Crisis Diversion (CD)

Recovery and Reentry (RR)

System Improvement (SI)

Therapeutic Courts (TX)

Prevention and Early Intervention (PRI) ●

People get the support they need to stay healthy and keep concerns from escalating



● All PRI Initiatives

- Screening, Brief intervention and Referral
- Juvenile Justice Youth Behavioral Health Assessments
- Prevention and Early Intervention Behavioral Health for Adults Over 50
- Older Adult Crisis Intervention/Geriatric Regional Assessment Team
- School-Based Screening, Brief Intervention, and Referral to Treatment
- Mental Health First Aid
- Crisis Intervention Training for First Responders
- Sexual Assault Behavioral Health Services
- Domestic Violence Behavioral Health Services and System Coordination
- Community Behavioral Health Treatment

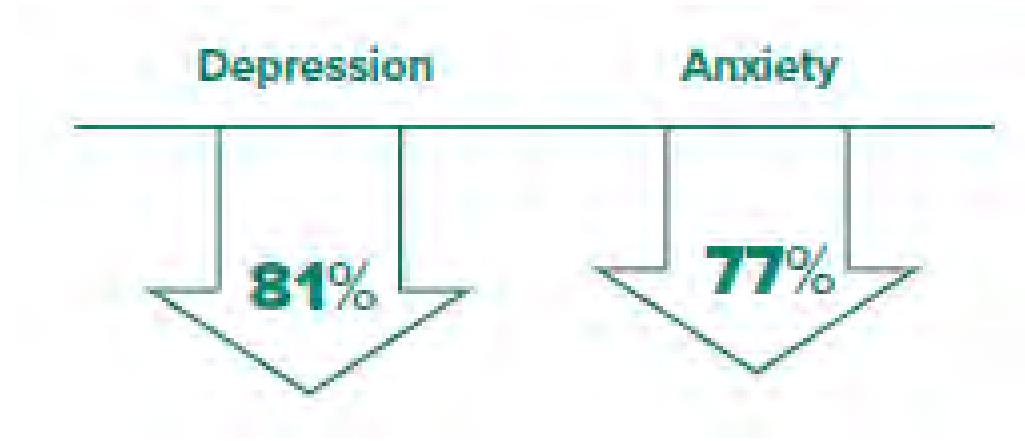
- Prevention and Early Intervention

Total investments in 2019

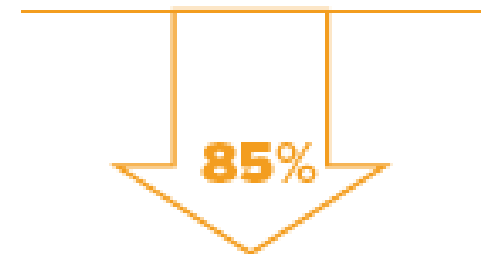
19.5M

8,604 people served

Prevention and Early Intervention
Behavioral Health for Adults Over 50



Sexual Assault Behavioral Health
Services



Crisis Diversion (CD)



People who are in crisis get the support they need to avoid unnecessary hospitalization or incarceration



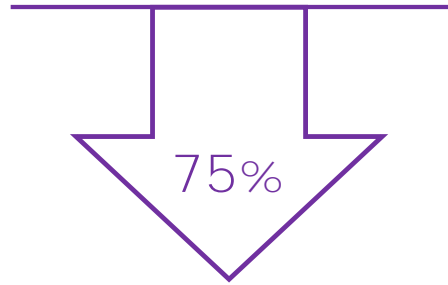
● All CD Initiatives

- Law Enforcement Assisted Diversion (LEAD)
- Youth Detention Prevention Behavioral Health Engagement
- Outreach and In Reach System of Care
- South County Crisis Diversion Services/Center
- High Utilizer Care Teams
- Adult Crisis Diversion Center, Respite Beds and Mobile Behavioral Health Crisis Team
- Multi-Pronged Opioid Strategies
- **Children's Domestic Violence Response Team**
- Next-Day Crisis Appointments
- **Children's Crisis Outreach Response System**
- Parent Partners Family Assistance
- Family Intervention and Restorative Services
- Involuntary Treatment Triage Pilot
- Wraparounds Services for Youth
- Youth Respite Alternatives
- Young Adult Crisis Stabilization
- Response Awareness, De-escalation and Referral (RADAR)

● Crisis Diversion

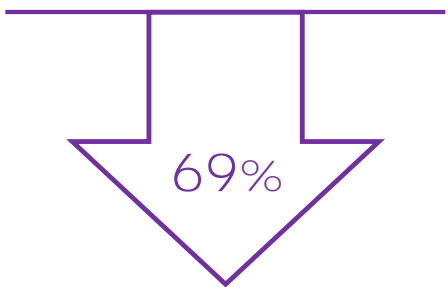
High Utilizer Care Teams

Long-term outcome results on ED admissions were available for 150 participants. Among those, admissions decreased by 75 percent



Adult Crisis Diversion Center, Respite Beds and Mobile Behavioral Health Crisis Team

Long-term outcome results on crisis events were available for 1,575 participants. Among those, crisis events decreased by 69 percent



Total investments in 2019

21.1M

7,368 people served

Recovery and Reentry (RR)●

People become healthy and safely reintegrate into the community after crisis



● All RR Initiatives

- Housing Support Services
- Behavior Modifications Classes at Community Center for Alternative Programs
- Housing Capital and Rental
- Rapid Rehousing Oxford House Model
- Housing Vouchers for Adult Drug Court
- Jail Re-entry System of Care
- Behavioral Health Risk Assessment Tool for Adult Detention
- Hospital Re-entry Respite Beds
- Recovery Café
- Behavioral Health Employment Services and Supported Employment
- Peer Bridger Program, Substance Use Disorder Peer Support and Peer Respite
- Jail-Based Substance Use Disorder Treatment
- Deputy Prosecuting Attorney for Familiar Faces
- South King County Pretrial Services

● Recovery and Reentry

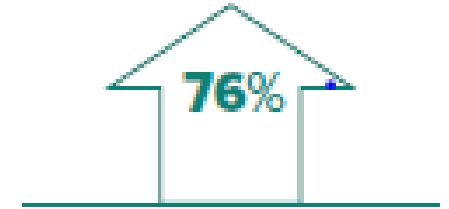
Total Investments in 2019

9.4M

4,209 people served

Peer Bridger Programs

76% of participants were linked to treatment within a year



Recovery Café

MIDD funding supported expansion of **Recovery Café to it's SODO which opened in early 2020**

Rapid Rehousing Oxford House Model

68% of the 139 participants who left the program in 2019 stayed sober and completed the program

System Improvement (SI) ●

Strengthens access to the behavioral health system and equip providers to deliver on outcomes more effectively



● System Improvement

Workforce Development

Workforce Development trained 1,071 participants. 92 percent of participants across the trainings held said they would recommend the training they attended to others



Total investments in 2019

4.0M

Quality Coordinated Outpatient Care

Behavioral Health Services in Rural King County

Launched December 2019

Community Driven Behavioral Health Services

Launched January 2020



Therapeutic Courts (TX) ●

Supports people experiencing behavioral health conditions who are involved with the criminal legal system by helping them to achieve stability and avoid further legal system involvement



All TX Initiatives

- Adult Drug Court
- Community Court Planning and Pilot
- Family Treatment Court
- Juvenile Drug Court
- Regional Mental Health and Veterans Court
- Seattle Municipal Mental Health Court



Therapeutic Courts

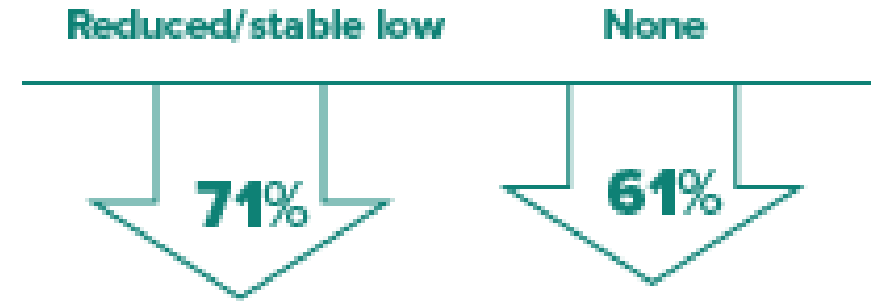
Total Investments in 2019

11.3M

1,783 people served

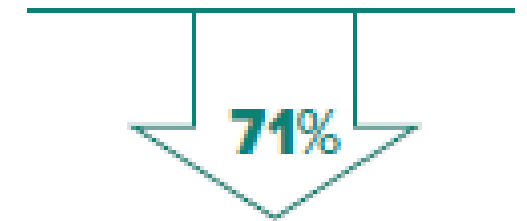
Adult Drug Court

Participants reported reduced/stable low or no substance use

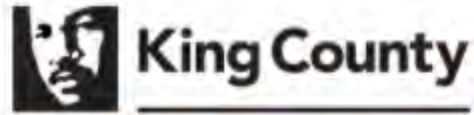


Family Treatment Court

Long-term outcome results were available for 54 participants. Among those, adult jail bookings decreased by 71 percent.



● New Resource



MIDD

Supporting behavioral health and recovery

2019 MIDD Results Dashboard



Dashboard Introduction



2019 Demographics



All 2019 Results



Linkage to Treatment



Long Term System Use

Welcome to the MIDD Results Dashboard!

www.kingcounty.gov/depts/community-human-services/mental-health-substance-abuse/midd/reports/dashboard.aspx

Questions?

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MIDD supports equitable opportunities for health, wellness, connection to community, and recovery for King County residents living with or at risk of behavioral health conditions, through a continuum of care that includes prevention, early intervention, crisis diversion, recovery, and reentry.

For more information:

www.kingcounty.gov/midd



King County

MIDD

Supporting behavioral
health and recovery