

COMMUNITY CENTER FOR ALTERNATIVE PROGRAMS (CCAP)

Persons ordered to CCAP Enhanced will be screened for the following:				
Program/Service	Provider	Placement Process	Qualifications	Schedule Capacity
<p>Assessment: GAIN Assessment (Global Appraisal of Individual Needs). All participants receive the GAIN SS. GAIN SS (Short Screener) – short version (5 minutes) is used for screening in a general population to quickly identify who is likely to have an internal, external or substance use diagnosis. The Gain SS identifies those that would benefit from further assessment using the GAIN I screening.</p> <p>GAIN I (Initial) – one to two hour bio-psychosocial assessment.</p> <p>Chemical Dependency Treatment: Intensive Out Patient (IOP)</p> <p>This is a state certified treatment program</p>	<p>Sound Mental Health</p> <p>Sound Mental Health</p>	<p>*Scheduled Internally</p> <p>Part of orientation process.</p> <p>Scheduled Internally</p>	<p>All CCAP Enhanced clients are assessed using the GAIN SS. Some clients receive the GAIN I assessment</p> <p>WAC 388-805-610 IOP is a minimum of 72 hours within a maximum of 12 weeks Must be ordered to CCAP 30 days or more.</p> <p>WAC 388-805-600</p>	<p>Daily</p> <p>Daily 12-15 per group; 3 groups</p>
<p>Chemical Dependency Treatment: Out Patient Treatment (OP)</p> <p>Follow-up program after completion of IOP</p> <p>Sobriety Support Group</p>	<p>Sound Mental Health</p> <p>Alcoholics Anonymous</p>	<p>Scheduled Internally</p> <p>Self Referral</p>	<p>WAC 388-805-600</p>	<p>1 day per week</p> <p>2 times per month</p>
<p>Behavior Modification Classes:</p> <ol style="list-style-type: none"> Moral Reconation Therapy (MRT) Seeks to decrease recidivism by increasing moral reasoning Rational Emotive Behavior Therapy (REBT) Challenges irrational beliefs and provides a more realistic way of thinking to reduce depression, anxiety and rage. Cognitive-Behavioral Therapy (CBT) Examines how thoughts cause feelings and behavior. Teaches new ways of thinking which lead to a more positive way of behaving. Dialectical Behavior Therapy (DBT) Teaches skills to cope with stress, regulate emotions and improve relationships with others. <p>Wellness Group: Teaches methods of managing mental illness and substance abuse symptoms by learning ways of coping to prevent self-medicating and relapse.</p>	<p>Sound Mental Health</p> <p>Sound Mental Health</p>	<p>Scheduled Internally</p>	<p>Each class is currently 2 days per week for 3 hours.</p> <p>In August they will be offered daily</p>	<p>15 per class</p> <p>3 days per week</p>
<p>Choices Life Skills: Problem Solving, Decision Making, Anger Management, People Skills</p>	<p>Learning Disabilities of Washington</p>	<p>Scheduled Internally</p>		<p>Daily</p>
<p>Domestic Violence Education</p> <p>Men's Program</p> <p>Women's Program</p>	<p>Family Services</p> <p>New Beginnings</p>	<p>Scheduled Internally</p>	<p>This is not a state certified domestic violence program</p>	<p>One day a week for two hours</p>
<p>Family Relations</p>	<p>Southwest Youth and Family Services</p>	<p>Scheduled Internally</p>		<p>2 days a week</p>
<p>Social Responsibility – objectives include understanding the characteristics of a nurturing family, importance of health & hygiene; financial responsibility</p>	<p>South Seattle Community College at the Yesler Building</p>	<p>Scheduled Internally</p>		<p>1 day a week</p>

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Health Education: HIV and sexually transmitted disease information; smoking cessation, nutrition, diet, wellness, sleep, stress management; emotional well-being, exercise, weight management, health maintenance, communicating with health providers, specific conditions such as diabetes, hypertension and cardiovascular disease, hepatitis, dental health, avoiding communicable diseases	Public Health of Seattle-King County	Scheduled Internally		One day per month
Family Planning	Public Health of Seattle-King County	Scheduled Internally		2 times per month
***The Learning Center (TLC)- Adult education, GED preparation, math and science instructions, literacy, computer instruction, Life Skills to Work and Go To Work	South Seattle Community College	Scheduled Internally	**All persons ordered to a CCD program are eligible	Daily
Financial Services: General Assistance Unemployable (GAU) and General Assistance Expedited (GAX)	Department of Social & Health Services	Scheduled Internally		Daily
Psychological Evaluations for DSHS eligibility <u>only</u>				
Community Based Referrals: 1. Housing voucher program 2. Mental health and chemical dependency	Sound Mental Health	Scheduled Internally		Daily
Bus Tickets	Metro	Provided Internally		Daily
Job search and placement services	***WorkSource Renton via King County Work Training Program	Scheduled Internally	**All persons ordered to a CCD program are eligible	Daily
Re-Entry Case Management Services: Referral and linkages to community services, rental assistance and accompaniment to first service appointments	Sound Mental Health: Re-entry Case Management Services	Scheduled Internally	**All persons ordered to a CCD program are eligible	Daily
Anger Management/Conflict Resolution: effective ways of communicating, problem solving & preventing future conflict.	Center for Career Alternatives	Scheduled Internally		4 sessions per month
Financial Management: money management, steps for re-establishing credit	Boeing Employee Credit Union (BECU)	Scheduled Internally		2 times per month

*All program placement is made by CCAP Caseworkers and/or Sound Mental Health staff through a collaborative process

**Work Education Release (WER), Electronic Home Detention (EHD), Community Center for Alternative Programs (CCAP), Community Work Program (CWP), Helping Hands Program (HHP)

***All programs are available on-site at CCAP, located in the Yesler Building, with the following exceptions: The Learning Center is located on the 5th floor of the Prefontaine Building. WorkSource Renton is located at 500 SW 7th Street in Renton