

July 22, 2019

The Honorable Rod Dembowski  
Chair, King County Council  
Room 1200  
C O U R T H O U S E

Dear Councilmember Dembowski:

Please find attached the 2018 Mental Illness and Drug Dependency (MIDD) Annual Report. As required by Ordinance 18407, this report describes evaluation results for the programs and services supported by King County's dedicated 0.1% mental illness and drug dependency sales tax, specifically addressing MIDD's five Council-adopted policy goals. In addition, the report provides information about implementation during 2018 of the programs and services supported by MIDD.

MIDD is designed to improve access to behavioral health treatment and therapeutic court services. It supports equitable opportunities for health, wellness, connections to community and recovery for King County residents living with or at risk of behavioral health conditions, through a continuum of care that includes prevention, early intervention, crisis diversion, recovery, and reentry.

As shown in this report, MIDD-funded services are making a difference in King County, continuing to show impressive results in reducing jail bookings, emergency department admissions, and psychiatric hospital admissions for King County residents. New data in 2018 also show that behavioral health crisis events are being reduced for youth and adults who participate in MIDD programs. A variety of other measures show how MIDD programs are impacting health and wellness in our region. Furthermore, MIDD's impact on King County residents continued to expand as several new programs and services were launched.

This report complies with Ordinance 18407, which amended Ordinance 15949, Section 3, and codified it as King County Code 4A.500.309. The table on the following page shows how specific required components are addressed within the report.

<b>Ordinance 18407 Requirements for the MIDD Annual Report (K.C.C. 4A.500.309, Section 2.D.1)</b>	<b>Page Number(s)</b>
• Performance measurement statistics	Pages 34-40
• Program utilization statistics	Pages 14-31, 34-40
• Request for proposal and expenditure status updates	Pages 33, 42-43
• Progress reports on evaluation implementation	Pages 7-11
• Geographic distribution of the sales tax expenditures across the county, including collection of residential ZIP Code data for individuals served by the programs and strategies	Pages 4, 14, 18, 24, 30
• Updated performance measure targets for the following year of the mental illness and drug dependency initiatives, programs and services	Page 41
• Recommendations on either program changes or process changes, or both, to the funded programs based on the measurement and evaluation data	Page 33
• Summary of cumulative calendar year data	Pages 4-5, 7-9

MIDD supports multiple tenets of the King County Strategic Plan by enhancing the capacity of the County’s network of health and human services to respond effectively to people in need. Most notably, MIDD advances Strategic Plan objectives that aim to support prevention and recovery for people of all ages with behavioral health conditions, implement alternatives to the criminal legal system, and facilitate access to affordable housing and related services. Furthermore, MIDD’s evaluation and reporting approach supports the Strategic Plan aim of accountability to the public.

MIDD aligns with King County’s Equity and Social Justice Initiative by providing an array of targeted, locally driven behavioral health and therapeutic court services that strengthen outcomes and expand access to treatment and services. MIDD services help reduce or prevent involvement in the criminal legal, crisis and emergency medical systems, and promote recovery for people with behavioral health conditions.

The MIDD Advisory Committee reviewed and supported the enclosed report at its June 27, 2018 meeting. A draft copy of the report was distributed to committee members in advance and comments from members were incorporated into the final report.

It is estimated that this report required 2,185 staff hours to produce, costing \$175,316. The estimated printing cost of this report is \$2,240.

In approving this report and continuing its support of MIDD, the Council will carry on an ongoing partnership in delivering innovative, effective services that help to make King County a community where every person can thrive.

The Honorable Rod Dembowski

July 22, 2019

Page 3

If you have any questions about this report, please contact Leo Flor, Director, Department of Community and Human Services, at 206-477-4384.

Sincerely,

Dow Constantine

King County Executive

Enclosure

cc: King County Councilmembers

ATTN: Kristina Logsdon, Chief of Staff

Melani Pedroza, Clerk of the Council

Dwight Dively, Director, Office of Performance, Strategy and Budget

Leo Flor, Director, Department of Community and Human Services (DCHS)

Kelli Nomura, Division Director, Behavioral Health and Recovery Division, DCHS

Chris Verschuyf, Policy and Strategy Coordinator, Behavioral Health and Recovery  
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