## King County Overdose Response

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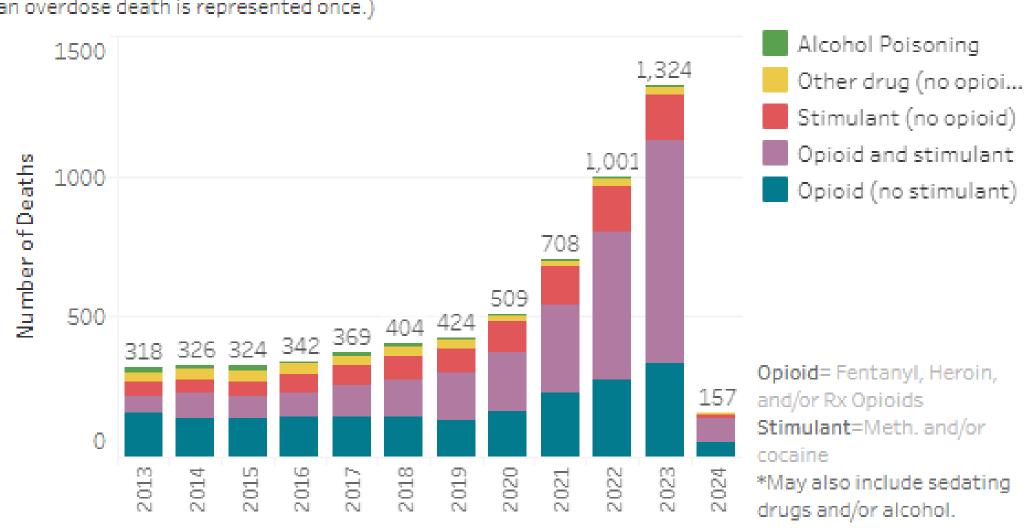
King County Board of Health March 21, 2024





### Drug & Alcohol Poisoning Deaths, King County

(Note: Bar chart can be viewed in terms of counts or rates; each decedent with an overdose death is represented once.)

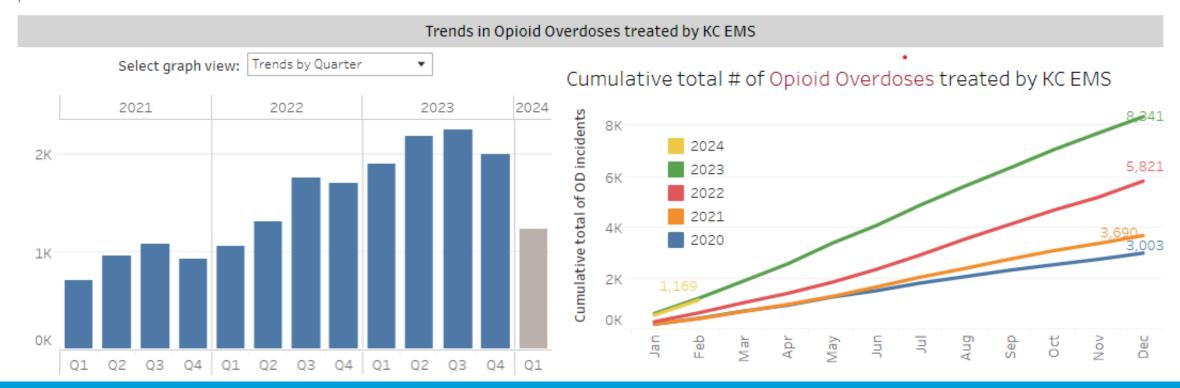


Count

### Opioid Overdoses Treated by King County Emergency Medical Services

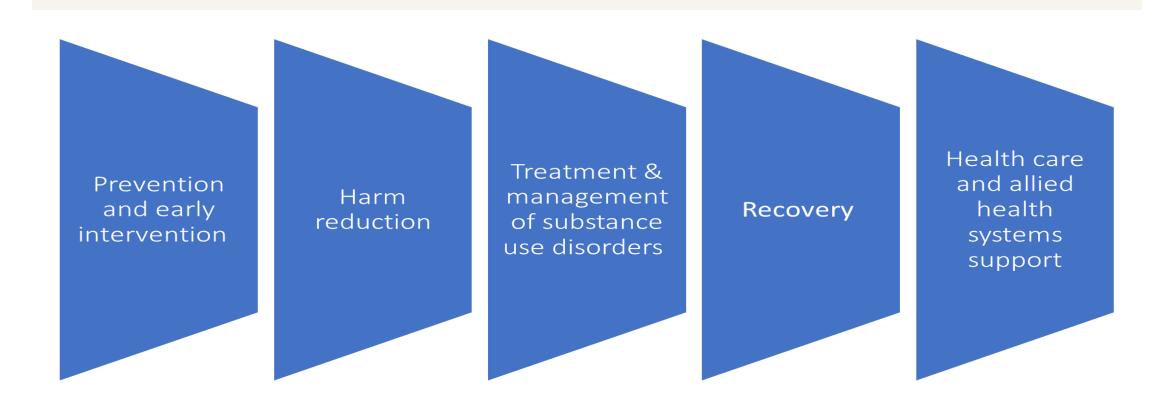
(As of 3/3/2024)

This dashboard summarizes opioid overdoses in King County treated by Emergency Medical Services (KC EMS) personnel. Nearly all overdoses treated by EMS personnel are non-fatal.





# Continuum of Response SUBSTANCE USE DISORDER



Cross Cutting Capabilities: Communications, Data, Policy, Outreach and Engagement

# KC Cross Departmental Overdose Prevention and SUD work

#### **Public Health**

#### Harm Reduction Supplies Distribution

- Naloxone
- Fentanyl Test Strips

### Training

- Health Care System training & supports
- Community Trainings

Drug Supply Surveillance Emergency Medical Services Coordination post-overdose Direct Services

- Jail Health
- Prevention Syringe Service
- Mobile Medical, Primary Care Street Medicine Outreach

## Joint Public Health/ DCHS Collaboration

#### Communications

- Newsletter
- Education & Information communication campaigns

#### **Innovations**

- Post Overdose Center
- Overdose prevention in supportive housing
- Innovations for MOUD

### Policy

#### DCHS - BHRD

Substance Use Disorder (SUD)
Treatment Continuum (adults & youth)

- Withdrawal management (Detox)
- Residential Treatment
- Outpatient/Intensive Outpatient
- Sobering Center
- Opioid Treatment Programs
- BH Workforce Development
- Contingency Management
- BH Outreach Teams
- Recovery Navigators
- Emergency Services Patrol
- Crisis Care Centers
- Peer-led Services
- Provider network of 40+ behavioral health agencies

## 2023 Substance Use Disorder Treatment Reach

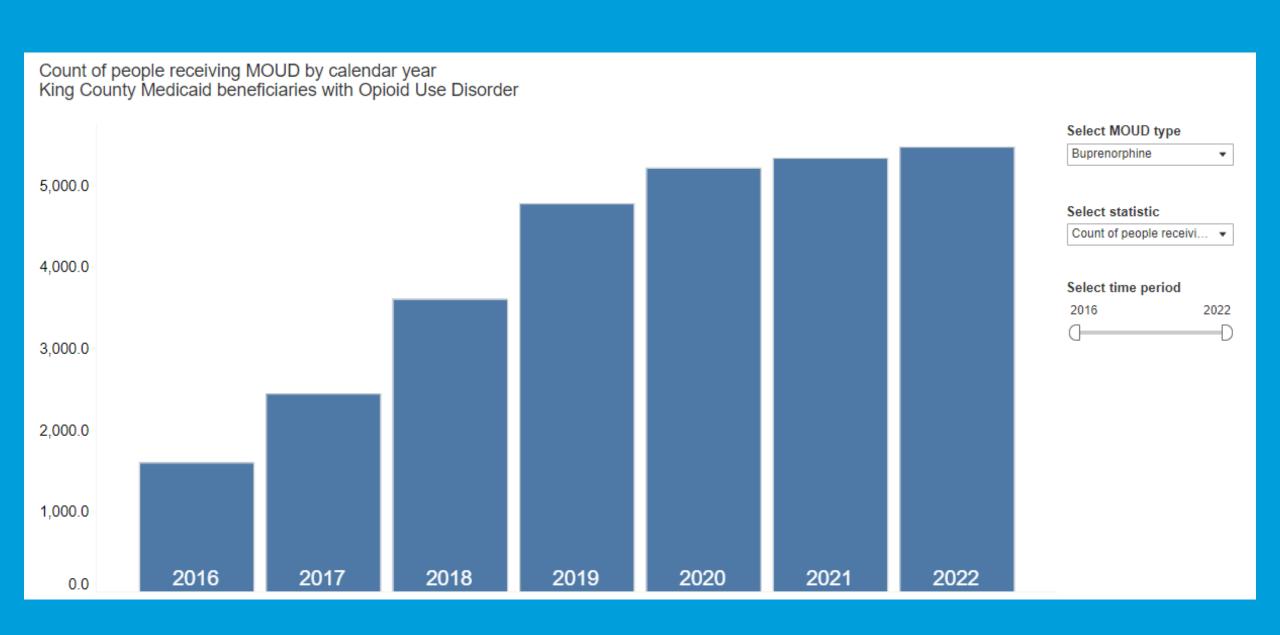












# Five priorities for action to prevent overdoses in 2024

#### **PRIORITY 1 PRIORITY 2 PRIORITY 3 PRIORITY 4 PRIORITY 5** Treatment and Behavioral health Overdose reversal A robust, diverse Reduced community-based, beds and medication and behavioral health disproportionality recovery-focused workforce. in overdoses. facilities. fentanyl testing. care for all.

## Priority 1: Treatment & Community-Based Recovery-Focused Care For All

- Launch a 24/7 Buprenorphine Prescribing Line
- Enable Community Behavioral Health Providers to provide buprenorphine induction and ongoing treatment through Medicaid funding
- Increase the number of 24/7 youth and adult mobile crisis programs
- Invest in 6 new community navigators to link people to treatment and support harm reduction.

# Priority 2: Behavioral Health Beds and Facilities

- Partner with Pioneer Human Services to open a 16-bed residential treatment program for people with co-occurring mental health and substance use disorders
- Partner with the City of Seattle to permanently site and re-open a 24/7 sobering center
- Partner with City of Seattle, Downtown Emergency Service Center (DESC), and University of Washington to open a postoverdose recovery center

# Priority 3: Overdose Reversal Medication and Fentanyl Testing

- Expand the number of fire departments that provide leavebehind naloxone at sites of overdoses where people are at high risk
- Convene a county-wide Overdose Fatality Review process
- Test up to 1,000 drug samples annually to reduce accidental drug poisonings
- Distribute 45,000 naloxone kits and 100,000 test strips through a new centralized harm reduction supply center and vending machines

# Priority 4: A Robust, Diverse Behavioral Health Workforce

 Add approximately 100 new apprenticeships statewide with half of the opportunities in King County. Apprenticeship tracks include behavioral health technicians, substance use disorder professionals, and peer counselors

# Priority 5: Reduce disproportionality in overdoses

 Distribute \$2 million in overdose prevention grants from opioid settlement funds to disproportionately impacted and underserved populations

## CRISIS CARE CENTERS Levy Purposes

Paramount Purpose



CRISIS CARE
CENTERS

Establish and operate a regional network of five crisis care centers in King County, with at least one in each of the four crisis response zones and one serving youth.

Supporting Purpose 1



RESIDENTIAL TREATMENT

Restore the number of mental health residential treatment beds to at least 355 and expand the availability and sustainability of residential treatment in King County. Supporting Purpose 2



COMMUNITY BEHAVIORAL HEALTH WORKFORCE

Increase the sustainability and representativeness of the behavioral health workforce in King County.

### **Behavioral Health Crisis Resources**

### **King County Resources**

### 24-Hour Regional Crisis Line: 866-427-4747

Provides immediate help to individuals, families, and friends of people in emotional crisis. This crisis line can help you determine if you or your loved one needs professional consultation or connection to mental health or substance use services like mobile crisis or a next-day appointment.

## **King County BHRD Client Services: 800-790-8049**

For people interested in mental health services.

### **SUD Residential Phone Line: 855-682-0781**

For information about King County substance use residential services, Monday-Friday 9am-5pm.

### **King County 211**

For the most comprehensive information on health and human services resources in King County.

# **Washington State Resources**WA Recovery Help Line: 866-789-1511

A 24/7 anonymous and confidential help line that provides crisis intervention and referral services for Washington State residents. *Who answers:* Professionally trained volunteers and staff

### WA Warm Line: 877-500-WARM (9276)

Confidential peer support help line for people living with emotional and mental health challenges. *Who answers:* Specially-trained volunteers who have lived experience with mental health challenges

## **Behavioral Health Crisis Resources (Continued)**

### **Youth & LGBTQ+ Resources**

Teen Link: 866-833-6546

Confidential and anonymous help line for teens in Washington state. Who answers: Trained teen volunteers

### **Trevor Project: 866-488-7386**

24/7 free, confidential and anonymous national help line for LGBTQ+ young people. Who answers: Trained counselors

### **TRANS Lifeline: 877-565-8860**

24/7 hotline run by trans people, for trans people to connect people to community support and resources needed to survive and thrive

# 988 National Suicide & Crisis Lifeline

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week

## Questions?