

KING COUNTY BOARDS AND COMMISSIONS



King County

REAPPOINTMENT REQUEST FORM

Thank you for your service on a King County board or commission. We are glad that you wish to continue serving the residents of King County as a member of a King County board or commission. In order to start the reappointment process, please complete this Reappointment Request form.

Date:

7/11/19

I'm seeking reappointment to the (board name):

Harborview Medical Center

Name of Board Member Seeking Reappointment:

Meredith Mathews, MD

Preferred Contact Information:

Address	12709A 42nd Ave NE
City, State, Zip Code	Seattle, WA 98125
Home Phone	
Work Phone	
Cell Phone	(206) 228-7495
Email Address	HMCTrustee11@kingcounty.gov meredithmat@gmail.com

Physical Home Address (REQUIRED if different from preferred mailing address)

Home Address	
City, State, Zip Code	

Please return your completed form to:

Rick Ybarra, Liaison for Boards and Commissions
King County Executive Office
401 Fifth Ave, Suite 800
Seattle, WA 98104
Direct Line: 206-263-9651
Email: Rick.Ybarra@kingcounty.gov

MEREDITH MATHEWS, MD MPH

12709A 42nd Ave NE
Seattle, WA 98125
Phone: 206 228-7495
Email: meredithmat@gmail.com

EXPERIENCE:

Senior medical leader with extensive experience in health plan, and medical group management including the development and implementation of programs in clinical quality, disease management, utilization and case management, credentialing and risk management. With a unique blend of clinical depth and strong competencies in business. I am skilled at creating and executing clinical programs which meet the business needs of organizations.

2/2013 Retired

6/2009 - 1/2013. Senior Vice President and Chief Medical Officer Blue Shield of California

Blue Shield is a \$10B Company covering 3M lives in California
Led Health Care Services (Medical Management operations, Pharmacy operations, Quality, Medical Directors). 500 fte's, and \$115M budget.

1/2008 - 5/2009 Chief Medical Officer, DaVita VillageHealth

Member of Office of the CMO for DaVita Inc.
Disease and Care management for patients with endstage renal disease and chronic kidney disease
CMS Demonstration projects for: Chronic Kidney Disease and Endstage renal disease

3/2007 – 12/2007 Health Care Consulting

Coding support, Outcomes Analysis, Physician work station development –
Medical Director, Kocchar Holdings – Currently known as Outcomes Inc.
Disease Management – LifeMasters Supported Self Care
Medical Group Practice Development – Pacific Medical Centers
Practice Guidelines Support - University of Washington Genomics Department

5/2004 – 2/2007 Chief Medical Officer, LifeMasters Supported Self Care

Led the successful work to achieve accreditation for both NCQA and URAC
New Products Developed:
 Cancer
 Metabolic Syndrome
 Depression
 Back Pain
Development of LM Geriatrics Program
Development and implementation of clinical outcomes metrics for all conditions
Development of a Provider Relations Function
Successful in national competition to win one of 3 Health Industry Forum Grants to Evaluate Patient Activation in Disease Management

Developed an analysis capability including actuarial competency, data marts and regular analyses of client and product performance including the epidemiology of populations
 Development of a "predictive model" for stratification using clinical experience and logistic regression.
 Development and implementation of a nurse coaching model based on motivational interviewing and shared decision making.

8/2002- 5/2004

Principal, Dorsey Health Strategies
 (subsidiary of Dorsey and Whitney – 700 member law firm)

Interim Senior Medical Management
 Hospital-Physician Business Transactions (Centers of Excellence)
 Consulting to Managed Care Companies

11/1999 - 7/2003

Consultant: Allina Health System, Minneapolis MN

1/03 - 7/03
 10/01 - 12/02
 1/01 - 9/01
 11/99 - 12/00

President (Interim) Allina Medical Clinics
Consultant to Allina Medical Clinic
Chief Medical Officer, Allina Health System
Chief Medical Officer, Medica Health Plan Allina Health System,

Key Accomplishments:

Development of the 2004-2009 strategic business plan for Allina Medical Clinics (50 clinics, 500 physicians)
 Development and implementation of Allina Medical Clinics Diabetes Disease Registry for its 17,000 people with Diabetes – including physician reporting and clinical improvement initiatives resulting in a progressive and significant improvement in the percent of patients who came under control (HbA1C<7)
 Support to the re-negotiation of Allina Medical Clinic Contracts (\$14.7M improvement)
 Development of the Chief Medical Officer (CMO) role and recruitment of a CMO
 Enhanced Medica's quality program and, based on improved quality outcomes Medica was awarded an "Excellent" rating by NCQA, a status reserved for the top 14% of health plans nationally
 Renegotiated Medica's Behavioral Health Contract with \$12M savings over the 3 year period of the contract
 Participated as a senior leader in Medica's \$100M turnaround to profitability

10/94 – 11/99

Premera Blue Cross (Formerly Blue Cross of WA. & AK), Seattle WA

1/99-11/99
 1/97-1/99
 1/95 – 1/97
 10/94- 1-95

Senior Vice President and Chief Medical Officer – President and CEO HealthPlus
Executive Vice President – Health Care Services – President HealthPlus
Sr. Vice President, Managed Care Services - Blue Cross of Washington and Alaska - President & CEO HealthPlus (HMO)
Vice President, Medical Services Blue Cross of Washington and Alaska

1978 - 1994

PACIFIC MEDICAL CENTER, Seattle WA

1990 - 1994

Vice President, Clinical Services & Information Systems

1985 - 1988 Medical Director, Pacific Health Plans
 1985 - 1990 Medical Director and Vice President, Medical Services of the hospital and clinics prior to merger of PMC and physician corporation.
 1983 - 1986 Director of Medical Education
 1981 - 1983 Chief/Deputy Chief, Department of Medicine
 1979 - 1981 Residency Coordinator, Department of Medicine, and Chief, Division of Nephrology

1977 - 1979 VETERANS' ADMINISTRATION HOSPITAL, Seattle, WA

Staff Nephrologist

ACADEMIC PROGRESSION

10/94 - 7/2002 Clinical Associate Professor, Department of Medicine University of Washington
 7/78 - 10/94 Full-time Faculty, Department of Medicine, University of Washington
 Associate Professor: 1986 to 1994
 Assistant Professor: 1979 to 1986
 Instructor: 1978 to 1979

EDUCATION

Bachelor of Science, Zoology (B.S.) University of Washington (1967)
 Doctor of Medicine (M.D.) University of Washington (1972)
 Masters of Public Health (M.P.H.) University of Washington (1988)

POSTGRADUATE TRAINING

1972 - 1973 Straight Medical Intern, Cleveland Metropolitan General Hospital, Cleveland, Ohio
 1973 - 1974 Medical Resident, Cleveland Metropolitan General Hospital, Cleveland, Ohio
 1974 - 1975 Medical Resident, University of Washington, Department of Medicine, Seattle, Washington
 1975 - 1977 Research Fellow, Division of Nephrology, University of Washington, Seattle, Washington

BOARD CERTIFICATION

1975 American Board of Internal Medicine
 1980 American Board of Internal Medicine, Subspecialty Nephrology

LICENSURE

Washington

AWARDS

1975 - Upjohn Achievement Award, "Clinical Excellence and Humanitarian Concern" An award for work at Harborview Medical Center
 1978 - Time Magazine - Seattle Chamber of Commerce Award, "Newsmakers of Tomorrow"

CURRENT BOARD AND ADVISORY ACTIVITIES

Board Member and Vice Chair.
Board Member
Board Member

Bloodworks (Puget Sound Blood Centers)
First Choice Health Plan
Cogitativo



King County

Rod Dembowski
Councilmember, District 1
Metropolitan King County Council

July 9, 2019

The Honorable Dow Constantine
King County Executive
King County Chinook Building
401 5th Ave. Suite 800
Seattle, WA 98104

Dear Executive Constantine:

I am writing to nominate Meredith Matthews for reappointment to the Harborview Medical Center Board of Trustees as the council's at-large representative.

Thank you for considering Dr. Matthew's nomination. If you have any questions, please do not hesitate to contact my office.

Very Truly Yours,

Rod Dembowski
King County Council, Chair

CC: Councilmember Larry Gossett
Rick Ybarra, Liaison for Boards & Commission, Office of the Executive