I was born & lived in Iraq until 2006. I speak English, Arabic, Turkish, and Turkman languages, some Kurdish, I'm currently a resident of the State of Washington. I lived & worked as a physician in Baghdad during the first & second Gulf Wars. I ended up being one of the first victims injured in an attack on a United States Military convoy in 2003. I was later used as political pawn and kidnapped by the Mahdi-Militia & tortured for four days before I was released and fled my country in 2006. For my assistance during the US liberation of Iraq, I was given a certifications of appreciation from The Coalition Forces & 2nd Artillery Cavalry Regiment, two Coins of Bravery Presented by the 1st Armored Division & 1st Calvary Division, US forces.

I completed my medical school in Iraq (MBCHB) in 1993 & continued work as an MD for 15 years in governmental, private hospitals and clinics. I immigrated to the USA in 2008, rebuilt myself as a Mental Health Profession, and specialize working with refugees and immigrants (Middle East).

I'm a Certified Mental Health Professional and Cross-Cultural Counselor licensed in Seattle Washington, employed at Lutheran Community Services (LCSNW). The focus of my work there is both as an intake specialist & clinician to diverse refugee clients, who are victims of War Trauma in their home countries, and were displaced as refugees or sought asylum here in the US. I started an Iraqi Men's Group in 2015 and it became very successful program at LCSNW.

I have completed many thousands of hours in training over the years, including a year-long Global Mental Health program with Harvard Medical School for Trauma and Recovery. Besides counseling, I specialize also in client advocacy and community empowerment for refugees, immigrant rights, and the needs of our minority populations such as the BIPOC and the LGBTQ communities.

I occupied many positions through my career in Iraq and USA including: A Physician in Health Facilities (both Governmental and Private), A Liaison Doctor, A Captain in the Iraqi Ministry of Defense, Chairman of the Neighborhood Advisory Council & Member of the District Advisory Council in Iraq, A volunteer at the United Nation High Commission for Refugees (UNHCR).Medical Interpreter public health king county, Health Educator at International Medicine clinic at Harborview Medical Center, Board Member and Vice President of the Iraqi/Arab Health Board, A Member of the Community Health Board Coalition, President of the International Organization for Human Rights Protection and Global Peace (HRP&GP) , A Clinical Supervisor at Living Well Kent, A member of the Community Advisory Council/Health Equity Zone in the Washington Health Department , On-Call Telehealth nationally and Internationally, Youth Mental Health Clinician-WISE program .

I have been recognized for my Dedication for Saving Lives from the HRP&GP, and have received an Award of Excellence from the NPS counselling team at LCSNW. More of my life story, struggle and accomplishments are featured in a permanent museum piece in the Tacoma History Museum, Washington.