In addition to being a King County Board of Health member, Quiana currently serves as a Washington state nurse commissioner on the Nursing Care Quality Assurance Commission (NCQAC) under the Office of the Governor designed to protect the public's health and safety by regulating the competency and quality of licensed nurses through establishing, monitoring and enforcing licensing, consistent standards of practice, continuing competency mechanisms, and discipline. Quiana is also the Founder at Childress Nursing Services (CNS), where she proudly serves as the Administrator overseeing the daily operations of the licensed home health fertility and maternity care agency and mobile medical laboratory. At CNS, the most rewarding part of her role is helping clients achieve their dreams of getting pregnant and supporting them through their parenthood journey.

Growing up impoverished from humble beginnings in rural Arkansas, Quiana has dealt with many challenges, including experiencing homelessness as a 16-year-old teen. Determined that she would not be a “statistic,” she went on to become a 1st-generation college student & graduated in the top 1% of her university class. She is also the author of 3 self-help books. The first two being her TLC (Teen Life Cheeseburger) self-improvement workbooks in which she motivates and educates minority, socio-economically disadvantaged youth to play a more active role in their health, personal growth and development. Her most recent poetry self-help workbook, Powetry-Reclaim Your Power Thru Poetry and its world-renowned poem, “Ain’t I a Woman, Too?” resulted in her company being chosen to attend the Inaugural 2016 United State of Women Summit hosted by the White House for its work in furthering gender equality.

Over her 21 years in the healthcare industry, Quiana has been named ABC World News Tonight’s Person of the Week, appeared on national news channels, newspapers, and magazines for her ability to overcome adversity, and has received numerous academic achievement awards. Her extensive biomedical research background involves being a research grant recipient from institutions such as Yale School of Medicine, NIEHS/NIH, and NASA. She is also a published scientific author in the American Journal of Physiology for research involving lung transplant rejection.

Quiana is a licensed nurse and holds a Bachelor of Science degree in Biology from the University of Arkansas at Pine Bluff and Graduate Certificate in Health Sciences from Meharry Medical College.

For Quiana, she is looking forward to helping to develop more policies and procedures on the King County Board of Health that promote diverse, socially-inclusive quality health for all King County residents.

She enjoys teaching, travelling, meeting new people, and line dancing.