



# 4C COALITION

clergy • community • children • youth coalition

MENTORING VULNERABLE YOUTH IN KING COUNTY

4C Coalition Newsletter

Mentor programs are a win for our youth and our community!

Photos by Rebecca Sullivan



## Susan L. Taylor Helps Celebrate 4C Coalition Group Mentoring "Graduation"

On Tuesday, June 7, mentors and mentees gathered at the Yesler Community Center to celebrate the conclusion of 20 weekly 90-minute meetings ... a graduation of sorts.

National CARES Mentoring Movement Founder and CEO, Susan L. Taylor joined the group from New York via an amplified phone.

The 4C is a partner with Seattle Cares Mentoring Movement.

Seattle Cares recruits the mentors while 4C provides training and mentoring services.

The meeting room was full with 12 to 16 year-old mentees, adult mentors, friends, and family.

Hazel Cameron, The 4C Executive Director, opened the meeting by thanking "all the wonderful mentors who have been with them week by week, year-by-year, giving of themselves."

The 4C Group Mentoring program follows a curriculum that blends history, social studies, civic education, and economics.

Don and Hazel Cameron summarized five months of classroom work.

## NEW MENTOR TRAINING

**Saturday, October 8**  
**Mt Baker Presbyterian Church**  
**3201 Hunter Blvd South**

**Light Breakfast & Lunch Provided**

**For more information & to reserve a space contact:**

**Don Cameron**  
**206-972-3426**  
**[Don@the4ccoalition.org](mailto:Don@the4ccoalition.org)**

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## We've Moved

**Hazel Cameron**  
4C Executive Director

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Seattle, WA 98122

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[The4cCoalition.org](http://The4cCoalition.org)  
[facebook.com/4cCoalition](https://facebook.com/4cCoalition)

Enter on 14th Street - west side of building (says Urban League at entrance). We're on 2nd floor.



Ms. Taylor led a discussion, and asked both mentees and mentors what they got out of the program.

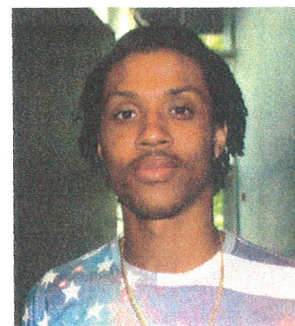
**Here are some of the remarks from mentees:**

- "I would say that I learned how to deal with authority, how you have to approach authority humbly whether in a uniform or not, it's not about how they represent themselves it's about how you represent yourself."
- "We spend mindlessly. We spend on things that have no value. We want to invest our money and grow in value."
- "Our image has to do with how other people see us rather than how we feel about ourselves."
- "We talked about how you need to be mindful about what you put out there in social media ... you need to know that employees look at your Facebook posts and stuff."
- "High school athletes are told to be very careful of what they put out there in social media because coaches. College coaches are looking at these postings."
- "I learned that I need to stop and think and make better decisions. It helps me think before I do something now ... as I think about the consequences."
- "I learned that listening in silence isn't a luxury it's a necessity... I talk a lot and sometimes I need to shut up."
- "I am really grateful for this program I've tried other programs in my life but this is the only one that really stuck."



[To learn more about group mentoring](#)

## Mentors Matter



### Kevin King - UW Football Player Helps Mentor Youth

Kevin is from Oakland, California, and came to the UW football program after visiting several other colleges. "I was recruited to many schools but when I came to Seattle, I fell in love with the University of Washington. Great atmosphere, great fans and great tradition."

Kevin's Ethnic Studies Professor Terrie Scott recommended that Kevin take this opportunity to be a mentor to kids.

"My older brother was my mentor, as well as my parents. Coaches were also my mentors. I got a whole lot out of being involved in this mentor program. It's a program for kids but this helps us as much as the kids. It teaches us to be better man and better examples."

According to Kevin, "Coach Peterson knows about this program and approves in our participation." As for as football goes, "Next season, if we handle our business and do what we can, it will be a great year on the football field."



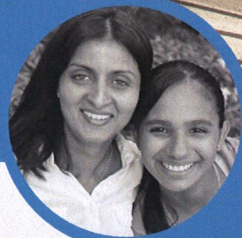
Supported by United Way of King County



**Mentoring** is a powerful, innovative, and cost-effective force for positive change in communities that are touched by poverty, crime, violence, and broken families.

#### CARMEN & JAY

"Carmen has a bright future ahead of her and to make this possible she needs a lot of support and guidance...this support is crucial in making her dreams come true. A future that she deserves to have."



#### SUCCESS STORY

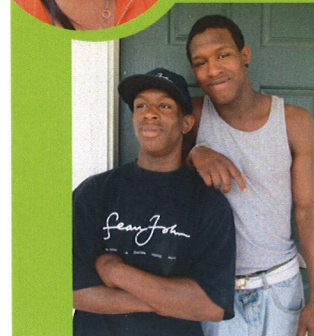
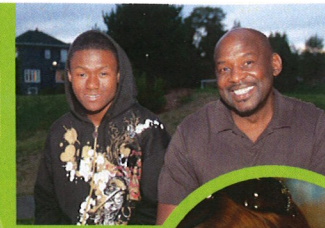
My Mentee is demonstrating a sense of hope and possibilities for what his future can be. I know there will continue to be other rough spots along the way, but if we can help keep him safe while he grows into young adulthood we will have done our job well.



WALK WITH ME

**4C COALITION** is a

community based mentoring program with over a decade of experience recruiting and training mentors, connecting them with youth at risk. We can reclaim our youth, our neighborhoods, and our city. **One person can make a huge difference.**



#### CONTACT US

##### 4C COALITION

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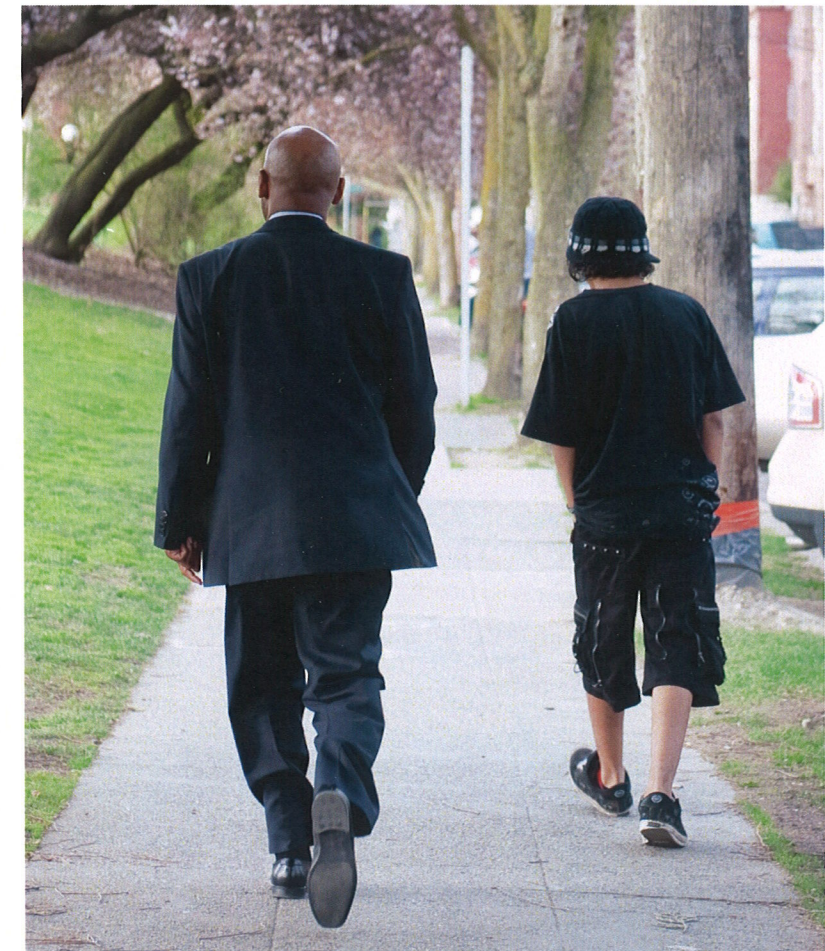
fax: 206.723.0391

[www.the4ccoalition.org](http://www.the4ccoalition.org)

# 4C COALITION MENTOR PROGRAM

Providing mentoring to vulnerable youth in King County

**YOU CAN CHANGE A LIFE TODAY**



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MENTORING WORKS. WE NEED YOU!

4C Coalition is recruiting mentors.

Mentored youth spend fewer days in detention, are more likely to stay in school and report better relationships with their families than their peers.



HOW DOES THE YOUTH BENEFIT?

- Youth benefit from a nurturing, supportive adult relationship
- Mentors provide guidance to Youth in achieving goals
- Mentors access community resources for youth
- Youth are introduced to positive community events and activities
- Options and opportunities are enhanced

STAYED BY THE WAY

BE MY MENTOR

WHAT IS A MENTOR?



- A Mentor is a trusted adult, a role model and encourager to youth involved in the Juvenile Justice System.
- Mentors assist youth to set and fulfill goals they have set for their education or vocation and for a substance-free and crime-free lifestyle.
- Mentors empower youth by helping them recognize their unique qualities and talents.
- Mentors connect with youth and convey the message, "you are worth my time and effort." Mentors encourage youth by sharing their personal goals, values and experiences.



WHAT IS INVOLVED?

YOUTH REQUIREMENTS

Youth are asked to make a one-year commitment

MENTOR REQUIREMENTS

- Mentors make a one-year commitment
- Complete application process
- Consent to a Washington State Patrol Background check
- Complete Mentor training
- Youth and Mentors attend monthly meetings planned by the program
- Mentors Meet with the youth weekly



I WANT TO BECOME A MENTOR!

Name:

Address:

Phone/email:

PLEASE CLIP THIS PORTION OF THE BROCHURE AND MAIL OR FAX TO:

4C COALITION 1404 East Yesler Way, Suite B, Seattle, Washington 98122

fax: 206.723.0391 or visit us online at [www.the4ccoalition.org](http://www.the4ccoalition.org)

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