# he Northwest AIDS Education and Training Center (NW AETC)

located at the University of Washington, offers HIV treatment education, clinical consultation, capacity building and technical assistance to health care professionals and agencies in Alaska, Idaho, Montana, Oregon, and Washington.

The purpose of the NW AETC is to increase providers' capacity to deliver high-quality HIV care within the region's health care systems.

Our target audience includes physicians, nurses, nurse practitioners, physician assistants, dental professionals, clinical pharmacists, and other health care team members. We train Ryan White funded agencies, federally funded community and migrant health centers, tribal and IHS clinics, state and local health departments, corrections facilities and private practice settings serving persons with HIV.

As the epidemic disproportionately affects racial and ethnic minorities in the region, the NW AETC offers programming specifically targeting minority providers, providers serving HIV-infected persons of color, and minority-specific community based organizations.

The NW AETC is part of a network of 11 regional AETCs that cover the United States, Puerto Rico and the U.S. Virgin Islands. Funded through the Health Resources and Services Administration, the national AETC network is the professional training arm of the Ryan White HIV/AIDS Program.

## NW AETC Central Office 325 9th Avenue, Box 359932, Seattle WA 98104

(206) 543-2704

aetcinfo@uw.edu www.nwaetc.org www.nwaetcecho.org www.hivwebstudy.org

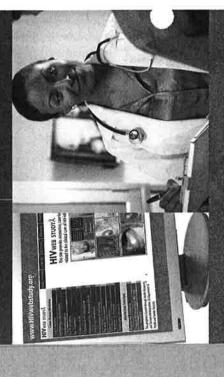
# National HIV/AIDS Consultation Resources

NATIONAL HIVIAIDS CLINICIANS' CONSULTATION CENTER www.nccc.ucsf.edu

WARMLINE 1-800-933-3413 1-888-HIV-4911

PERINATAL HIV HOTLINE 1-888-448-8765 UNIVERSITY OF WASHINGTON EDUCATION & REFERRAL SERVICE MEDCON
Toil free: 1-800-326-5300

# Education and Training Center



ALASKA IDAHO MONTANA OREGON WASHINGTON Educating health care professionals to provide quality HIV care





he NW AETC offers a variety of educational opportunities for health care providers and organizations to meet their specific HIV/AIDS education needs through:

- Lectures & seminars
- Web-based training
- Case-based presentations
- Clinical conferences
- Organizational capacity building
- Technical assistance
- Clinical preceptorships:
- MDs, PAs, and NPs
- Pharmacists
- Nurses
- Case Managers
- Dietítians

# NW AETC OFFICES

We partner with the following agencies to provide training resources throughout our five-state region:

### ALASKA

Alaska Native Tribal Health Consortium (907) 729-2926

### IDAHO

Idaho State University/Meridian (208) 373-1710

### MONTANA

RiverStone Health (406) 247-3320

## Tribal BEAR Project at Salish Kootenai College, Center for Prevention & Wellness

(406) 275-4920

### OREGON

The Research & Education Group

(503) 229-8428

HIV Health Services Center (503) 988-5020

### WASHINGTON

Washington State Office (206) 543-3319

# African Americans Reach and Teach Health Ministry (206) 850-2070

Tribal BEAR Project at South Puget Intertribal Planning Agency (360) 462-3990 New Hope Clinic at Yakima Valley Farmworkers Clinic (509) 453-7144



# TARGETED PROGRAMS

# AIDS CLINICAL CONFERENCE

Educating providers on the latest HIV treatment and research

### DENTAL PROGRAM

Advancing the knowledge of dental, medical, and other health care providers on HIV oral health care

# HIV IN CORRECTIONS PROGRAM

Training health care providers working in correctional settings

## HIV ONLINE COURSE

Coming soon! A comprehensive HIV care and treatment course with free CE

### HIV WEB STUDY

Offering case-based modules with free CME

### NW AETC ECHO

Building capacity of rural health care providers via telemedicine

# PRECEPTORSHIP PROGRAM

Arranging opportunities to work with expert HIV providers



### GLOBAL TO LOCAL

### THE TEAM

### ADAM TAYLOR

Executive Director

### AMY SAMUDRE

Connection Desk Program Manager

### FAREEHA SIDDIQUI

Director of Research and Innovation

### JULIE ANTOS

Director of Finance & Operations

### ANN NGO

Administrative Assistant

### FRANCIS MARTINEZ

Connection Desk Program Assistant

### **GRACIOUS GAMIAO**

Research Assistant

### AISHA DAHIR

Somali Community Health Promoter

### LINDA PO

Burmese Community Health Promoter

### SAMANTHA KUNZE-GARCIA

Latina Community Health Promoter

### ZEINEB MOHAMMED

Eritrean Community Health Promoter

"It's access. Access to those healthcare facilities. Access to jobs and better jobs. Access to improved education. Those are the things that make great communities."

- Dan Dixon, G2L President



### THE PROBLEM

Underserved populations often face barriers to basic health and economic resources, including lack of access to preventative care, contributing to mismanagement of chronic disease and shortened lifespan. Conventional means of solving these endemic challenges have failed.



### THE APPROACH

Global to Local (G2L), created through a partnership between HealthPoint, Public Health—Seattle & King County, Swedish Health Services, the Washington Global Health Alliance and the cities of SeaTac and Tukwila, builds on the expertise of Washington state's global health institutions to bring strategies that have proven effective in developing countries to underserved communities in the United States. The goal is to use innovative, holistic and community-driven solutions to address health and economic development disparities in diverse, low-income populations.



### $oldsymbol{Q}_{old$

G2L identified communities that face the greatest disparities in the region. Twice as many people in South King County (the cities of SeaTac and Tukwila specifically) live below the federal poverty line than the overall King County average. Seventeen percent of all kindergarten students in Tukwila are homeless, and these cities experience 150 percent more diabetes related deaths than the King County average.

Recognizing that solutions must be community-driven, G2L conducted an in-depth assessment within the cities of SeaTac and Tukwila to better understand their needs and assets. G2L also worked with PATH, a Seattle-based global health organization, to identify successful global health strategies that could be modified to respond to these local challenges.



### **COMMUNITY-DRIVEN PROGRAMS**

### **COMMUNITY HEALTH PROMOTERS**

"Our weekly exercise program improves health and strengthens the sense of community for Somali women in the area."

- Aisha Dahir, Community Health Promoter Community Health Promoters are local community members who conduct grassroots, health-focused outreach and motivate community groups to proactively take charge of their health. G2L employs Community Health Promoters who represent a variety of languages and cultures such as Burmese, Eritrean, Latino and Somali. Programs developed include: diabetes and nutrition education, cooking classes, culturally-tailored exercise programs and community forums to develop new program ideas for resolving local health issues.

### "CONNECTION DESK"

Launched in May 2013, the program helps community members navigate health and social service systems and identify opportunities to access food, housing, employment, language skills and training. The Connection Desk is staffed by University of Washington and Seattle University students. The goal is address the underlying social issues that often drive poor health outcomes. To date, the Connection Desk referred more than 1000 individuals. The Connection Desk staff are also Certified In-Person Assisters for the Affordable Care Act Enrollment efforts and have enrolled over 2500 individuals in health insurance.

### REMOTE DIABETES MANAGEMENT

With generous support from AT&T, G2L is providing patients with mobile phones, preloaded with an application that supports diabetes management. In addition, a G2L case manager remotely monitors the patients and provides additional social support and case management. In a pilot study, 44% of the 40 participants saw an average decrease of 1% in their HbA1C, which is associated with a 45% reduction in the risk of dying from a heart attack.

### **HEALTH SCREENINGS**

In partnership with Novo Nordisk, Bartell Drugs, and Abbott Labs, G2L hosted three community health screening events where more than 400 people received roughly 1,600 different screenings. Approximately 25 percent of the individuals screened were referred to a primary care provider for immediate attention.

"AT&T is pleased to provide the mobile technology that will allow patients to manage their health anywhere and at anytime... By using technology in this way, we can deliver a better patient care experience and help build healthier communities."

Dr. Geeta Nayyar,
 Chief Medical Information
 Officer for AT&T.

"Together, we hope to bring new solutions to help enswer the unique and growing needs of this community."

- Billy Chow,
Bartell Drugs' Director of
Pharmacy Operations and
Clinical Services





### **MEASURING SUCCESS:**

### TO DATE, G2L:



Provided support for more than 7,000 people

"Over the past four years Global to Local has become an integral partner in the work going on in SeaTac and we are starting to see real changes. These communities are now starting to advocate for the things that they need, which is something that we never saw before."

Colleen Brandt-Schluter,
 SeaTac Human Services
 Manager



Identified, trained and provided tools to dozens of community leaders who are now making a positive difference in their neighborhoods



Secured more than **30 community organizations** to support G2L activities, leveraging their resources to complement G2L



Raised more than \$2.5 million from public and private partners



### **PARTNERS & SPONSORS**

### WIDE BASE OF SUPPORT

### MORE INFORMATION

www.globaltolocal.org 206-359-0536 info@globaltolocal.org G2L was founded by HealthPoint Community Clinic, Public Health—Seattle & King County, Swedish Health Services and the Washington Global Health Alliance, along with support from the cities of SeaTac and Tukwila.

A growing number of community partners and sponsors such as AT&T, Aetna Foundation, Bartell Drugs, Boeing, Novo Nordisk, Starbucks, Seattle Foundation and Washington State University continue to support G2L's ongoing work in the community.

















## The SeaTac & Tukwila Healthy Homes Environmental Health Project

African Americans Reach & Teach Health (AARTH) Ministry is partnering with residents, faith houses, community organizations and businesses in the cities of SeaTac and Tukwila to help make our homes, faith houses and businesses a safer place to live, play, worship, and work.

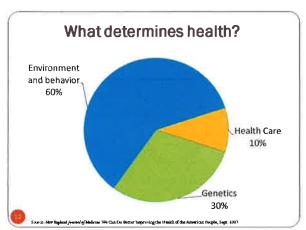
### Our environment defines and determines our health

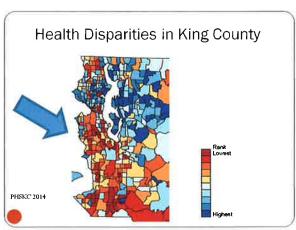
Chronic illnesses such as allergies, asthma, bronchial and respiratory conditions, Lupus, Autism, intestinal, developmental/reproductive, neurological, and immune deficiencies are just a few of the many diseases that are linked to unhealthy environments. Toxins can be found in some (not all) products such as -- beauty, household cleaning, plastics, toys, gardening, pesticides, auto... just to name a few.

Who are the most vulnerable: Our children, pregnant mothers, the elderly, the poor, and those with limited English language skills.

**The project goal:** To promote healthy environments and decrease health risks caused by toxic and hazardous waste products.

**The Evidence:** A recent study completed by Public Health - Seattle & King County reports the highest rates of health disparities occur in South King County with particularly high rates in SeaTac and Tukwila. The study reports that most deaths today result from diseases and conditions that are shaped by our environments and behaviors. Communities experience ill health because of intrinsic conditions such as houses and rental units that are substandard and contaminated with mold and toxins like lead.





http://www.kingcounty.gov/ The 2012 King County Equity and Social Justice Annual Report

**Join Us:** African American and Ethiopian individuals and families who live, work, attend religious services or school in the cities of SeaTac and Tukwila.

Change Begins with Each of Us Doing Our Part: AARTH is organizing trained community environmental health ambassadors. We need your participation -- residents, faith houses and businesses to volunteer, receive free environmental health education and attend field trips and events.

Contacts: AARTH I 206-850-2070 I aarthministry@yahoo.com

**Project funded by:** Environmental Justice Network in Action (EJNA) Program, a collaboration between Seattle Public Utilities (SPU) and the Local Hazardous Waste Management Program (LHWMP) in King County.

### Coming to Lake City Medical Clinic Living Well with Diabetes

A Free Workshop

April 9 – May 14, 2015

5:00 PM - 7:30 PM

6 workshop sessions 2.5 hours each

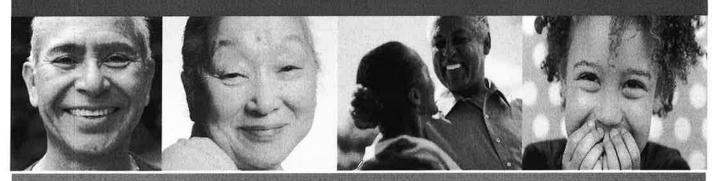
### Learn how to better manage diabetes

Monitoring Blood Sugar
Preventing Low Blood Sugar
Nutrition & Healthy Eating Plan
Preventing & Delaying Complications
Dealing with Depression & Stress
Foot Care





Free six weeks workshops designed for individuals who are living with diabetes. Each workshop focuses on problem-solving, decision-making, and coping skills which enable participants to confront the ever-changing challenges of living with diabetes and other chronic illness. Open to individuals living with diabetes, family members, caregivers, & professionals. Certificates & CEs Offered



Contact: Jessica Williams at jessicaw.aarth@gmail.com